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Story of Dhruva

STORY OF DHRUVA

Svāyambhuva Manu had two sons, Priyavrata and Uttānapāda. Uttānapāda married Sunīti and Suruci. Suruci, the younger of the two wives, was an attractive woman and Uttānapāda was infatuated with her. One day, the king keeping Uttama, his son, on his lap, was playing with him when Dhruva, his other son born of Sunīti, came running to the father to sit on his father's lap. Suruci pushed him aside and told him that he did not deserve to sit on the king's lap as he was not born of her. She sarcastically suggested to him to pray to the Lord and seek his grace to be reborn as her son. Uttānapāda observed the arrogant behaviour of Suruci but did not say a word to her.

Dhruva was hurt by the rude words of his step-mother. Crying aloud, he went to his mother. Suniti embraced him affectionately and consoled him. She asked her son to accept the words of his step-mother and not bear any ill-feeling towards her. She told him that the king did not love her and thus Dhruva did not have any place near his father. She asked Dhruva to seek the grace of Lord $N\bar{a}r\bar{a}yana$ through austerities and meditation, as he alone could bring joy in Dhruva's life.

Dhruva resolved to seek the Lord's grace. He left the palace at once and proceeded to a quiet place. $N\bar{a}rada$, who knew of Dhruva's plans, wanted to test him of his resolve, and met him on the way. He discouraged Dhruva from his pursuit by pointing out the difficulty in propitiating the Lord. He added that many great sages had even failed in their attempts to appease the Lord. He cautioned Dhruva of the sufferings involved in the life of austerity and advised him to be content with whatever the Lord had provided him in this life.

Dhruva was not convinced by $N\bar{a}rada$'s statements. He told the sage of his firmness in resolve to gain the highest end in life. He asked $N\bar{a}rada$ to guide him in his pursuit. $N\bar{a}rada$ was pleased to see Dhruva's fortitude and told him to follow the path revealed by his mother. He instructed him on the disciplines he had to observe and initiated him into the chant, "om namo bhagavate vāsudevāya"- salutations unto Lord Vāsudeva. He also described the form of the Lord for the purpose of contemplation. Dhruva offered his salutations to the sage and left.

As per $N\bar{a}rada's$ instruction, *Dhruva* went to *Madhuvana*, on the banks of River *Yamunā* near *Mathurā* and spent the next six months in penance and meditation. The Lord decided to bless *Dhruva* without further delay. Seated on his vehicle, *Garuda*, he appeared before *Dhruva*. The form which *Dhruva* was meditating upon suddenly vanished and *Dhruva* opened his eyes. He was amazed to see the beautiful form of the Lord before his very eyes. He gazed at the Lord for a long time. The Lord knew that the child was unable to express his feelings or speak words of praise. He softly touched *Dhruva's* cheeks with his conch. At the touch of the conch, *Dhruva* poured verses extolling the Lord's glories. He offered his salutations unto the Lord and sought nothing else in his life except the constant remembrance of the Lord.

Story of Dhruva contd ...

The Lord knew the purpose of *Dhruva's* penance. He promised *Dhruva* the rulership of the world after *Uttānapāda* and granting him an eternal place in the heavens, disappeared from his sight. After the Lord had left, *Dhruva* realised that he had not asked the Lord for *mokşa*, the ultimate end in life. He was sad about it, but decided to return to the palace.

After meeting *Dhruva*, *Nārada* went to *Uttānapāda's* place. *Uttānapāda* received him with all honours. Seeing the king unhappy, *Nārada* asked him the reasons. *Uttānapāda* then narrated the incident that had occurred with *Suruci* and *Dhruva* and repented for his inaction that had caused the child to go to the forest. He was anxious about *Dhruva's* condition. The sage assured the king that *Dhruva* would be protected by the Lord and that he would return glorious when the time was right.

At the end of six months, when $Utt\bar{a}nap\bar{a}da$ came to know about Dhruva's return, he went to the outskirts of the city with all the members of the family and subjects, and received him with all the royal honours. He embraced Dhruva with great joy and affection and Dhruvaprostrated at the feet of his father and his two mothers. After $Utt\bar{a}nap\bar{a}da$, Dhruva ruled the earth for thirty thousand years. He married Bhrami and $Il\bar{a}$. Bhrami had two sons Kalpa and Vatsara while $Il\bar{a}$ had one son Utkala. At the end of his rule Dhruvarenounced the royal life and took to a life of penance again. When it was time to leave this earth, the attendants of Lord $N\bar{a}r\bar{a}yana$ came and led him to the heavens and Dhruvareceived an eternal place in the heavens.

Fill in the blanks. I.

Complete the story by filling in the blanks with the appropriate words.

Suniti	Nārada	Dhruva	sad
Uttama	pole	conch	pray
Suruci	Prahlāda	king	happy
1. Uttānapāda h whose sons we	ad two wives, re <i>Dhruva</i> and		and <i>Suruci</i> ,
2.	was the king's	s favourite que	en.
3.	was not permi	tted to sit on his	s father's lap.
4.	dissuaded Dhr	ruva from pray	ing to the Lord.
5. The Lord touch	ed Dhruva's cheel	c with his	•
6. <i>Dhruva</i> asked that he could a	the Lord for the lways	company of l to him.	his devotees so
7. Even though	the Lord grant because he	ed his boon, did not ask	<i>Dhruva</i> was the Lord for
mokșa, freedo	om.		
8. Uttānapāda n	nade Dhruva the _		·
	prayed to the L		given a special

. . .

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II. Questions to Stimulate Discussion

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1. Have you ever seen the northern pole star? Look for it in the sky. What do you think makes it a special star?

2. What are the qualities that made *Dhruva* special?

STORY OF PRTHU

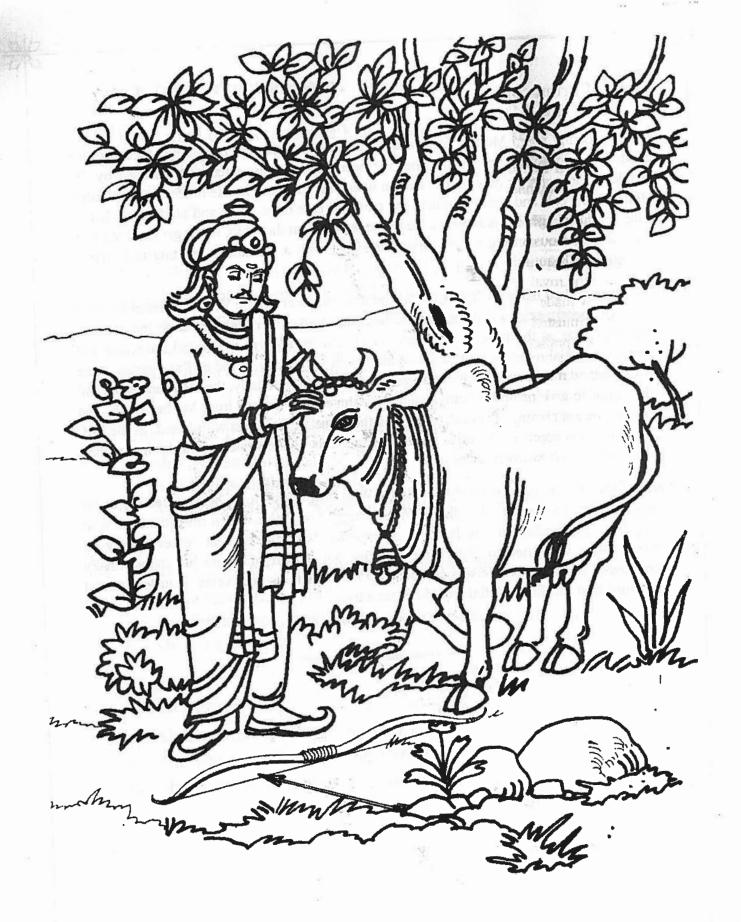
Prthu was the son of King Vena. He was considered to be an incarnation of Lord Vișnu. When *Prthu* was born, everyone on earth and heavens welcomed his arrival with joy, as they had been suffering without a king who could rule the earth.

At the proper age, the sages and gods performed his coronation ceremony and presented him with various gifts. *Kubera*, the deity of wealth, gave him a golden throne; *Indra* presented a beautiful crown studded with jewels; *Yama*, the Lord of *Dharma* honoured him with the royal baton to rule; Lord *Viṣṇu* gifted him his *Sudarsana* disc; *Agni* offered him a bow made with horns of an animal; Lord Sun brought for him radiant arrows; and *Tvaṣṭā*, a minstrel of Lord Sun gave him an exquisite chariot. King *Prthu* received with humility the praises showered on him and sought the blessings of all the sages and gods.

As *Prthu* was named by the sages and gods as the protector of the world, he earnestly attempted to give protection to everyone. But his task was wrought with difficulties as his people were suffering due to the famine in his kingdom. They were starving and emaciated and began to approach the king for food. The king thought over the cause for the sufferings and realised that Mother Earth had withheld all the nourishment of the soil to herself, along with the foodgrains and plants. In his anger towards her, he took out his bow and aimed an arrow at her when Mother Earth, trembling with fear, took the form of a cow and ran for safety.

Prthu followed her wherever she went. Finding no asylum anywhere, she surrendered to the king and sought his protection. She pleaded that noble souls like him should not hurt her as the beings on earth would perish without her. *Prthu* replied that she deserved punishment for her indifference and disregard towards his people as she had not even provided the essential food for their sustenance. He, thus, persistently threatened her.

Mother Earth glorified him and told him the reason for her not providing the food. She said that $Brahm\bar{a}$ had created the plant kingdom for the sustenance of the people, so that they could live a life of good conduct and discipline. This meant also expressing their gratitude by observing the Vedic rituals, *yajñas* and religious vows, *vratas*. She added that people merely enjoyed Mother Earth's gift in the form of food, without leading a righteous life and without nurturing her. The plant kingdom was thus getting depleted. She had thus chosen to conceal the remaining food and nourishment in the soil and preserve them for sacrifices. She told *Prthu* to use the right means for drawing back the food from her. She asked him to find a calf, a befitting person who could milk her, and a milkpot that could contain the milk. She pleaded to the king to level her surface so that rain waters would stay on her, rather than be wasted away into the ocean.



Story of Prthu

Story of Prthu contd...

Prthu patiently heard Mother Earth and agreed with her that the people had taken her for granted and forgotten her worth. She had been abused, mistreated and harassed by the people on earth. *Prthu* assured her that he would set things right. He made $Sv\bar{a}yambhuva$ *Manu* as the calf and himself milked the cow and thus drew herbs and plants from her as milk, for the benefit of his subjects. He told everyone that they, too, could get anything they wanted from her, so long as they approached her with a calf and a befitting milkman in reverence.

The sages milked her with *Brhaspati* as the calf and received the *Vedas* as the milk in the vessel of speech, senses and the mind. The *devas* milked her with *Indra* as the calf and received nectar as the milk in a golden vessel. The *gandharvas*, celestial musicians and *apsarās*, celestial nymphs, milked the goddess with Viśvāvasu as the calf and received the milk of sacred music and dance in a vessel made of lotus. Similarly, the *pitrs*, ancestors and other animate and inanimate beings gained whatever they desired from Mother Earth. The domestic beasts obtained the milk of grass in the vessel of the forest with *Nandi* as the calf. The mountains received the milk of various minerals in the vessel of the basins of their ridges with the *Himālayas* as the calf.

King *Prthu* was pleased with Mother Earth. With his paternal love, he accepted her as his daughter. She was henceforth called *Prthivi*, daughter of *Prthu*. *Prthu* ruled the earth with prosperity. He performed one hundred Aśvamedha sacrifices, a feat achieved only by *Indra*. *Indra* who tried to disturb the sacrifice out of fear of losing his status, finally surrendered and the sacrifice was completed. *Prthu* spent his later years in austerities and contemplation and finally left the world peacefully.

I. Mark the correct answer.

1. What kind of a person was King Prthu?

- a. righteous
- b. mean
- c. selfish
- 2. King *Prthu* was sad due to the famine and suffering in his kingdom. The famine occurred because
 - a. Mother Earth refused to provide food for the living beings.
 - b. the earth was flat.
 - c. the bugs ate up the food.
- 3. King Prthu tried to punish Mother Earth because
 - a. she was selfish.
 - b. he liked punishing people.
 - c. Mother Earth was not performing her duty.
- 4. Mother Earth was not providing food because
 - a. she wanted to be selfish.
 - b. she felt abused, mistreated and harassed by people.
 - c. she was hungry.
- 5. Mother Earth was called *Prthivi* because
 - a. she was the wife of King Prthu.
 - b. she was the sister of King Prthu.
 - c. she was the daughter of King Prthu.

II. Questions to Stimulate Discussion

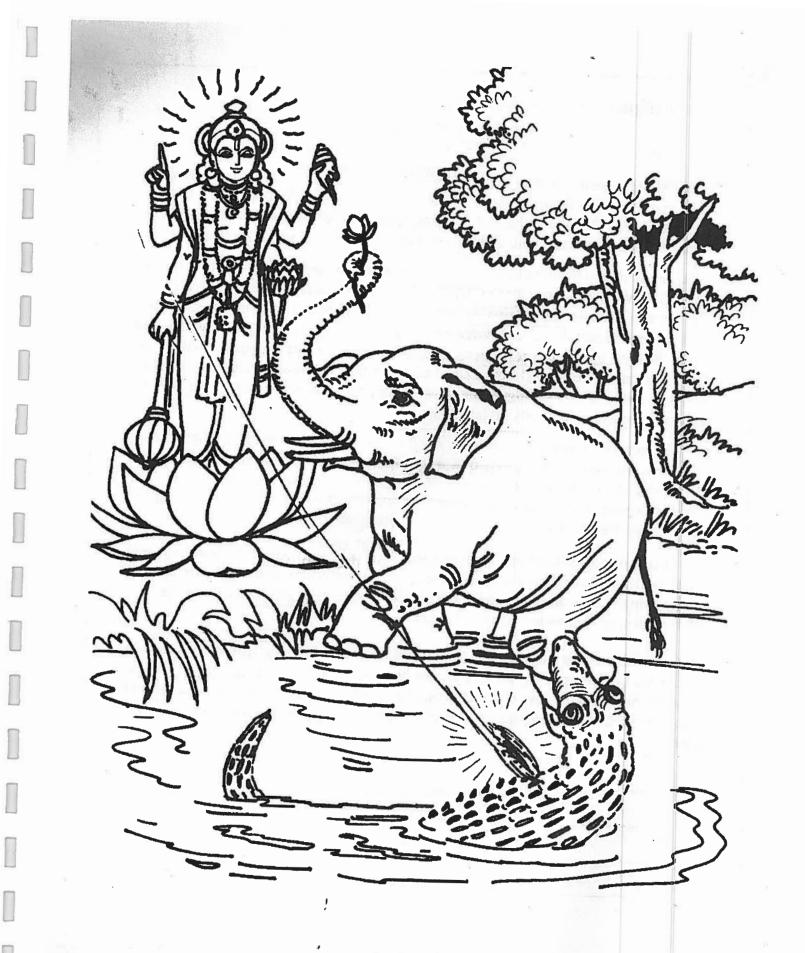
1. This story teaches us to respect Mother Earth's gifts to us. What can you do to show your gratitude towards her?

.....

ette Alexandra

.....

2. How does nature nourish us through the sun, water, air and fire?



Story of Gajendra

STORY OF GAJENDRA

There existed a great mountain range known as $Trik\bar{u}ta$ which extended to thousands of miles, surrounded by the milky ocean. In one of the valleys of $Trik\bar{u}ta$ was a beautiful garden known as $Rtum\bar{a}n$ which had flowering trees of all kinds. The garden was also the abode of many animals and birds and had an extensive lake which was full of lotuses.

In the forests around <u>Rtumān</u> lived a herd of elephants with their young ones. The leader of the herd, known as Gajendra, commanded total authority in the forest due to his strength and size. On a midsummer day, Gajendra was majestically roaming about in <u>Rtumān</u> when, oppressed by the heat, he desired to quench his thirst. Drawn by the fragrance of the fresh lotuses brought by the breeze blowing from the lake, Gajendra proceeded towards the direction of the breeze. He had a refreshing bath in the clear waters of the lake and quenched his thirst. Relieved of the fatigue, he began to play with his mates and young ones by spraying them with waters with his long trunk.

All of a sudden, a powerful crocodile caught hold of his foot with its mighty jaws. Gajendra, using all his strength tried to shake off the hold of the crocodile but failed. His companions too could not pull him out of the waters. Many years passed in the tussle between Gajendra, the lord of the forest of $Trik\bar{u}ta$ and the crocodile, the lord of the waters of the *Rtumān* Lake.

Due to lack of nourishment and constant expenditure of energy, Gajendra's strength and spirits began to decline. The crocodile, being an aqua creature, doubled its strength by merely living in the waters. Gajendra saw his total helplessness and realising that the Lord alone could save him, sought refuge in the Lord.

The Lord came on his *Garuda* with the *Sudarśana* disc in his hand. *Gajendra* who was uttering the Lord's name in great distress, saw him and was relieved of his agony. The Lord extricated him from the jaws of the crocodile by ripping it open with his disc. The celestial beings rejoiced at the compassionate deed of the Lord and showered flowers from the heavens.

1. Fill in the blanks.

Complete the story by filling in the blanks with these words.

happy	Ŗţumān	quench
herd	crocodile	Gajendra
beautiful	Lord	Aśokavana
1. There was a	hill named Trikūța.	
2. On the hill was a	ollod	

- big lake. which had a
- 3. Once a powerful elephant, *Gajendra*, with his ______ his thirst.
- 4. Suddenly a ______ grasped ______''s leg.
- 5. Gajendra prayed to the ______ to be saved.
- 6. The crocodile was killed, and the Lord blessed Gajendra with a ________ life.

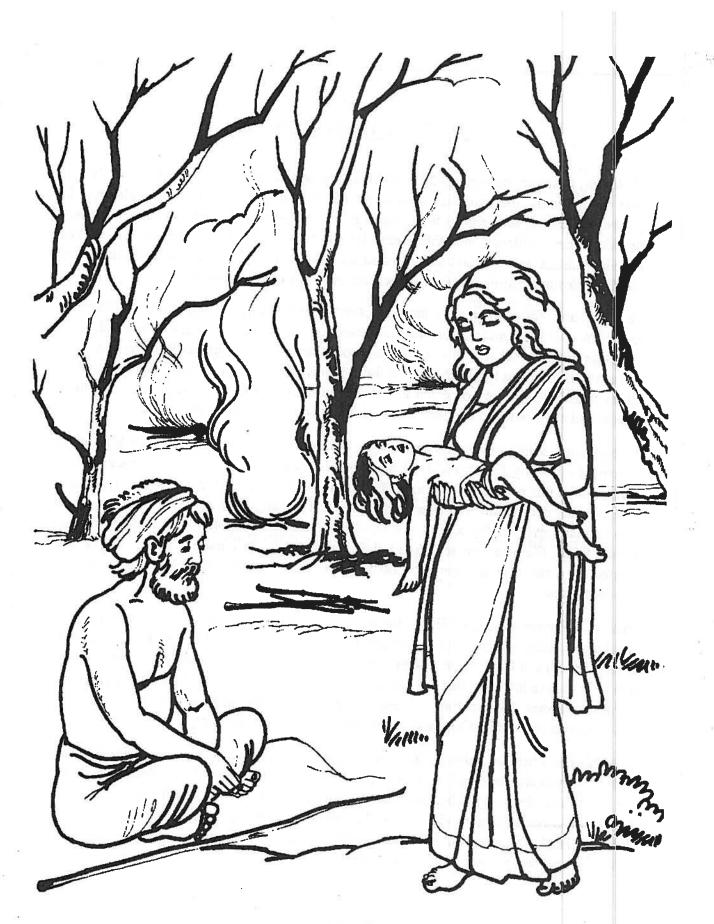
II. Topics to Stimulate Discussion

1. The lesson taught in this story is that the Lord always answers the prayers of devotees. Share one incident when you prayed sincerely.

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2. Give three reasons why a person should pray.

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Story of Hariścandra

STORY OF HARIŚCANDRA

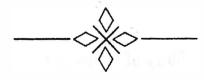
Triśańku, a king in the solar dynasty, had a son named Hariścandra. Hariścandra's wife was Candramati, the daughter of Śibi. As Hariścandra did not have any children, he prayed to Varuņa, the deity of water, upon Nārada's advice. Pleased with Hariścandra's devotion, Varuņa blessed him with a son who was named Rohitāśva. Hariścandra lived happily with his wife and son and he ruled the kingdom well. Sage Vasistha suggested Hariścandra to perform a Rājasūya sacrifice which he did successfully.

Vasistha and Viśvāmitra once met in heavens where Vasistha was shown preferential treatment over Viśvāmitra. Viśvāmitra questioned Vasistha regarding this discrimination. Vasistha replied that it was due to his association with the famous kings of the solar dynasty and his being the chief priest at the $R\bar{a}$ jasūya sacrifice of Hariścandra. He further added that there was no one equal to Hariścandra in nobility and truthfulness. All these factors had contributed to the distinct recognition that he received in the heavens.

Viśvāmitra became angry and challenged Vasistha that he would disprove Vasistha's statement regarding Hariścandra's character. He decided to stake his entire merits of his penances for this purpose. Viśvāmitra began to plan a scheme for depriving Hariścandra of his royalty and wealth. With his ascetic powers, he changed an asura into a hog and sent him to play havoc in the territory of Hariścandra. His attempts to drive away the hog having failed, Hariścandra set out to kill the hog himself. Hariścandra was driven far into a forest by a hide and seek game of the hog and before he realised, he had lost his way in the deep forest.

Viśvāmitra appeared before him in the guise of an old brahmin and promised to help him out. Hariścandra, pleased with the help of the old brahmin, offered to give him a gift of his choice. He took a bath in the nearby stream and taking waters in his hands, declared his intention to give anything that the old brahmin needed for his daily rituals or for any other purpose. Pleased, the brahmin requested help in the performance of his son's marriage. Hariścandra promised to help and both of them left for the kingdom.

Once they reached the palace, Viśvāmitra asked Hariścandra to give his entire kingdom with all its wealth. Deceived by the sage, the king was forced to part with the kingdom and his wealth in order to fulfill his promise. Customarily, no gift is considered complete without a dakṣiṇā, a symbolic sum. Viśvāmitra then asked for two and a half units of gold coins as dakṣiṇā. The king agreed, but he did not have any gold as he had just given away his entire wealth. Hariścandra was sunk in deep sorrow.



Story of Hariścandra contd...

As he was narrating his woes to his distressed wife, Viśvāmitra came and asked for the $dak sin \bar{a}$. Promising to give the $dak sin \bar{a}$ at the earliest, Hariścandra left the kingdom with his wife and son, with clothes on their persons as their only possession. The sage pursued him with persistent demands for $dak sin \bar{a}$. Hariścandra vowed not to eat food until he had cleared his debt and promised to pay the $dak sin \bar{a}$ within a month's time. The sage reluctantly agreed.

Hariścandra left for $K\bar{a}s\bar{i}$ with his wife and son, and tried to find some source of income. He was unsuccessful in his attempts. The sage arrived exactly at the end of one month and demanded his dakṣiṇā. Deeply distressed over her husband's fate, Candramati offered herself to be sold to someone for clearing the debt to the sage. With tears in his eyes, Hariścandra went to a nearby village to sell her. Viśvāmitra had reached there ahead and appearing in the guise of a brahmin, offered to buy her and her child. Unaware of the brahmin's identity, Hariścandra sold his wife and son to him. The brahmin immediately caught hold of her hair and dragged her away with her child. Soon all the three of them disappeared from Hariścandra's sight.

Viśvāmitra again came before Hariścandra and asked for the dakṣiṇā. Hariścandra gave him whatever he had received from the sale. But this did not satisfy the sage as it was less than the promised amount. Hariścandra was given time till sunset to fulfill his promise. He walked along the streets auctioning himself for sale. Hariścandra was bought to guard the cremation ground and collect taxes on dead bodies. Thus saving some money he gave the remaining amount of dakṣiṇā to Viśvāmitra and was relieved from his harassment.

In the meanwhile Hariścandra's son Rohita died of a snake-bite while playing on the banks of Ganges. Candramati lamented over the death of her son, but her brahmin-master would not permit her to see the dead body. He spoke harshly to her telling her that by Rohita's death he had lost his income and she had no reason to grieve. He asked her to go and do her work. He threatened to use his whip if she stayed on and lamented. Thus not seeing the dead body, as well as receiving blows for her repeated requests, she returned to her work. At night, when she was massaging the brahmin's feet, he told her to go and complete the funeral and return to work the next morning.

At the sight of her dead son lying stiff in the cold, she cried bitterly. Disturbed by her wailings, the neighbours surrounded her. They were convinced that she was mad and beating her, took her to the cremation ground to be killed by the guard.



Story of Hariścandra contd...

Hariścandra could not recognise her due to the change in her form. She too, did not recognise Hariścandra. When Hariścandra refused to kill a woman, his master handed him a sword and ordered him to kill her.

As Hariścandra raised his sword, Candramati pleaded with him to wait until she had completed the funeral of her dead son. Hariścandra agreed. Candramati ran to the town and brought Rohita's body. Hariścandra demanded the money for cremating the body. Candramati replied that she had no money. Hariścandra then pointed out the mangalasūtra which her husband alone could see. Candramati realised that he was her husband. Both wept bitterly at their fate.

Hariścandra could not allow the funeral as he had to collect the tax from Candramati. He did not want to deceive his master. As they could not afford it both decided to commit suicide before the night ended. A fire was prepared and Rohita's body was placed in it. As they were about to enter the same, the devatās appeared in the sky and prevented them.

They blessed Hariścandra and Candramati for their commitment to truth and brought back their royal splendour. Viśvāmitra accepted defeat and returned the kingdom. The subjects welcomed their noble king with great joy. After his rule on earth, Hariścandra was given an eternal place in the heavens.

I. Storytelling

Form three teams. Follow the story to show how *Hariścandra* was tested for his truthfulness. The team which tells the story best wins the game. The story for each team begins as follows:

Team 1

One day *Hariścandra* lost his way in the forest and met an old brahmin.....

Team 2

To keep his promise, Hariścandra was forced to sel1

Team 3

When Candramati's son died of a snake bite

II. Questions to Stimulate Discussion

- 1. What do we learn from this story? Mark one answer.
 - a. _____ Truth wins sometimes.
 - b. _____ Honesty is the best policy.
 - c. _____ To succeed, one must lie.
- 2. Before you tell someone the truth, three factors need to be considered. They are:

a. Is what you say true?

- b. Is your intention to hurt the person?
- c. Does the person who hears the truth benefit from it?

Why are these factors important to consider?

3. Relate one incident to the class when you were honest, even though you felt like telling a lie. How did you feel about your action?

STORY OF GANGA

Sagara was a king of Ayodhyā in the Ikşvāku dynasty. He had two wives, Sumati and Keśini. Sumati had sixty thousand sons who were all valiant but arrogant of their power. Keśini's son was Asamañja. Sagara arranged to perform an Aśvamedha sacrifice that was to give him the title, 'emperor of the world'. As a prelude to the sacrifice the consecrated horse was set free for capture by anyone who challenged the king's authority and sovereignty. The king would then fight the challenger and recover the horse. Indra threatened by the Aśvamedha sacrifice, stole the horse and concealed it in a cave.

Sumati's brave sons, honouring the wishes of their father, went in search of the horse. After searching all over the earth, they excavated the earth deep down in the north east direction. They found the horse standing in a cave near Sage Kapila who was in meditation. The sons of Sagara wrongly concluded that the Sage had stolen the horse and rushed towards him to kill him. Instead, they were instantly burnt to ashes due to the sin incurred in offending the great sage.

After a long lapse of time, Sagara became worried that his sons had not returned. He asked his grandson Amsuman, the son of Asamanja, to go in search of the sacrificial horse. Following the path dug out by his uncles, Amsuman discovered the horse in the cave near the sage. In his devotion, Amsuman saw Lord Visnu in Sage Kapila and glorified him. Sage Kapila was pleased with Amsuman and blessed him. He asked Amsuman to take away the horse with him. The sage narrated the fate of his uncles and told him that the holy waters of Gangā alone could redeem them from their sin. Offering his salutations to the sage, Amsuman returned with the horse. Sagara completed the Asvamedha sacrifice. Soon after, he installed Amsuman on the throne and left the kingdom to live a forest life in prayer and contemplation.



Story of Ganga

Story of Gangā contd...

Amśumān could not bring the holy Ganga in spite of his sincere efforts. In his later years, he handed over the kingdom to his son Dilipa. Dilipa was also unsuccessful in bringing Ganga to earth. His son Bhagiratha was deeply committed to redeeming his forefathers from their sin and entrusting the rule of his kingdom to his ministers, went to the forest to perform severe penance.

Goddess $Gang\bar{a}$ was pleased with his penance and agreed to descend on earth. The Goddess was concerned that in the absence of a restraint on her powerful descent, she might unwittingly break open the surface of the earth and reach the nether worlds instead. She also feared that the people there would wash off their sins in her and make her impure. Bhagiratha assured her that he would find a way by which her force could be held when she descended on earth. He added that even if she gathered the sins of others, she would always remain pure, by the sacred dip of the saints and sages on earth.

Bhagiratha then proceeded to propitiate Lord Śiva by performing penance for this purpose. Lord Śiva appeared before him and agreed to Bhagiratha's request to help him get the Gangā descend without hurting the earth. As Gangā descended Lord Śiva contained her force by holding her in his matted locks. Bhagiratha then led Gangā to the spot where his ancestors lay in the form of ashes. Purified by the waters of Gangā, Sagara's sons arose and ascended to the heavens.

Gangā was brought to earth due to Bhagīratha's penance; so, she came to be known as Bhāgīrathī, one who was born of the efforts of Bhagīratha. Gangā also acquired other names, such as $\bar{A}k\bar{a}sa$ Gangā, one who flows in the heavens; Tripathagā, one whose path extends to the three worlds namely the heaven, the earth and the nether world; Jāhnavī, the daughter of Sage Jahnu; and Mandākinī, one whose flow is gentle (in the heavens).

I. Family Tree

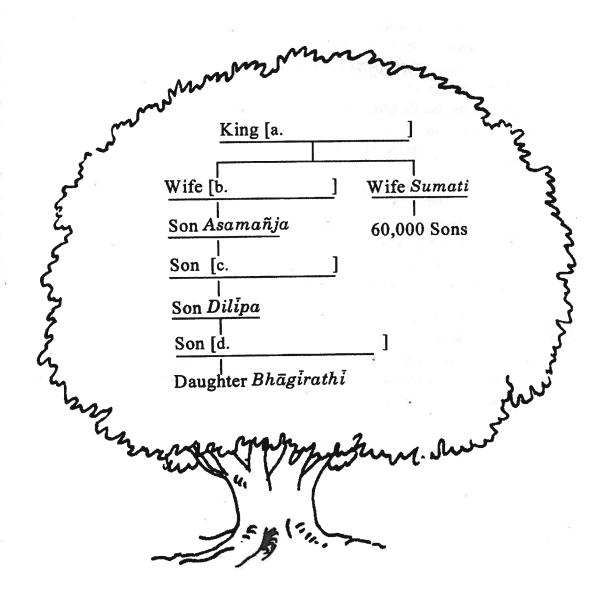
Complete the family tree with the following names in the correct sequence.

Bhagiratha

Aṃśumān

Keśinł

King Sagara



II. Mark the right answer.

Choose the four names of Mother Ganga and mark them.

 Ākāśagangā
 Maṇḍodari
Tripathagā
 Mandākini
 Godāvarī
Gāndhāri
 Bhāgirathi
Maheśvari

III. Name Game

Name a few of the sacred rivers in India. How many have you visited?

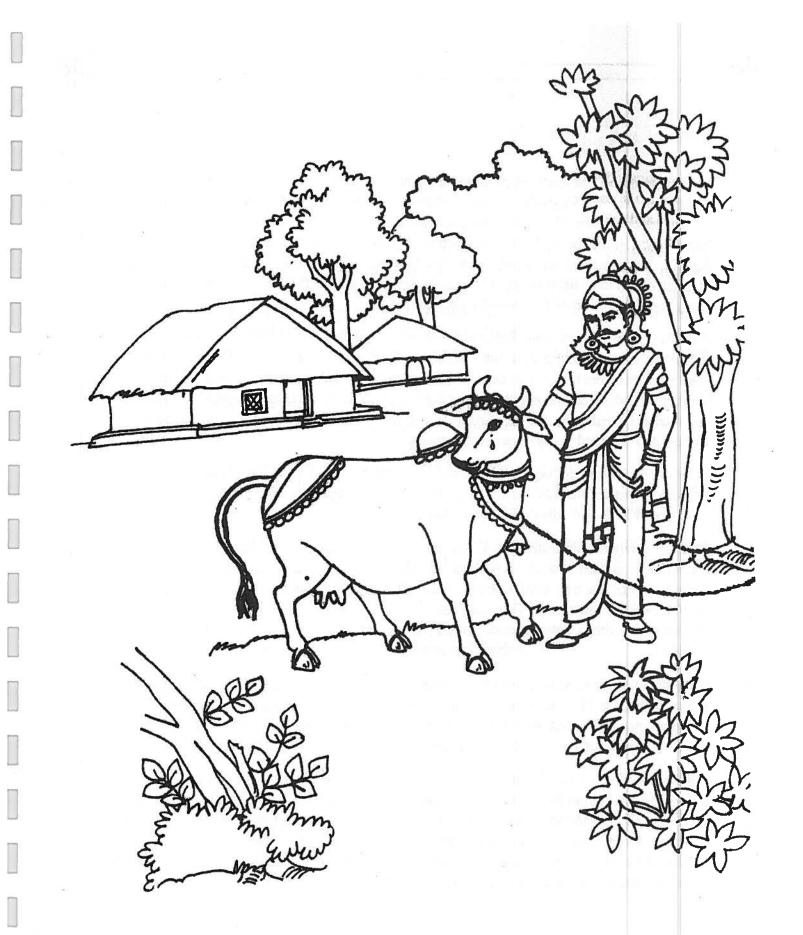
STORY OF VIŚVĀMITRA

In the lunar dynasty, there was a king named $G\bar{a}dhi$ whose son was $Vi\dot{s}v\bar{a}mitra$. $Vi\dot{s}v\bar{a}mitra$'s earlier name was Kauśika. As a king, Kauśika possessed extraordinary qualities and ruled the kingdom well.

Once Viśvāmitra went on a tour of his country with a large army. As he was passing through a forest, he came across the hermitage of Sage Vasistha. The king entered the \bar{a} śrama to pay his respects to the sage. The sage received him and offered him a grand reception, befitting a king. The sage requested the king to accept his hospitality and be his guest for the day. Concerned that the sage would not be able to feed his large army, the king declined his offer. The sage, allaying his fears persisted with his request and the king consented.

The sage called out for his divine cow, $Sabal\overline{a}$. $Sabal\overline{a}$ arrived at once and awaited the sage's orders. $Sabal\overline{a}$, the Kāmadhenu, was born during the churning of the ocean and was presented to Sage Vasistha. Vasistha introduced Viśvāmitra to her and asked her to prepare a delicious feast for the king and his entourage. $Sabal\overline{a}$ instantly fulfilled the wishes of the sage and an elaborate feast appeared before all of them. The king and his army thoroughly enjoyed the special feast.

Impressed by $Sabal\bar{a}$'s powers, the king asked Vasistha to present her to him as he felt that she would be more useful to a king than to a sage.



Story of Viśvāmitra

Story of Viśvāmitra contd...

He further added that anything precious in the country belonged to the king and thus staked a claim on $\hat{S}abal\bar{a}$. Vasistha politely declined the king's request saying that $\hat{S}abal\bar{a}$ was inseparable from him. The king was displeased with the response of the sage. He offered huge wealth in the form of cows and elephants ornamented with precious jewels in lieu of $\hat{S}abal\bar{a}$. Vasistha did not yield, when finally $Visv\bar{a}mitra$ using his authority as a king, ordered Vasistha to hand her over to him. Seeing Vasistha defy his orders, $Visv\bar{a}mitra$ got angry and asked his men to forcefully take her away.

Captured by the King's men, $Sabal\bar{a}$ broke down at the thought of being abandoned by her father-like sage. Wanting to know the reason for her abandonment, she released herself from the aggressors by force of her strength and sped towards Vasistha. Vasistha consoled her that he had not abandoned her and gave her permission to create an army to defeat the opponents. Defeated by the inexhaustible strength of the army brought forth by $Sabal\bar{a}$, Visvamitra returned to the kingdom disgraced.

Viśvāmitra was determined to subdue Vasistha. He handed over his kingdom to one of his sons and went to the Himālayas to perform penance. Pleased with his austerities, Lord Śiva gave Viśvāmitra the divine astras as desired by him.

With his newly acquired strength, Viśvāmitra rushed to Vasistha's āśrama and unleashed his missiles at him. Vasistha understood what was happening and calmly placed his brahmadanda, the holy staff, in front of him. The holy staff swallowed all the missiles sent by Viśvāmitra. Stunned at Vasistha's power of saintliness, Viśvāmitra accepted defeat and returned with a determination to gain a strength which would match Vasistha, the brahmarsi.

Carrying feelings of shame, anger and hatred, Viśvāmitra proceeded towards south and began practising his austerities in a quiet place. After a lapse of one thousand years, *Brahmā* appeared before him and conferred upon him the status of a $r\bar{a}jar,i$, a royal sage. *Viśvāmitra* dissatisfied with the result, continued his penance with more vigour.

During that time, King Triśanku of Ayodhya, once entertained a desire to ascend the heavens in his human form. His guru, Vasistha pointed out the impossibility of fulfilling his desire. Committed to his desire, Triśanku decided to find another guru for help. Soon he came across Sage Viśvāmitra. Prompted by his personal enmity with Vasistha, Viśvāmitra decided to prove himself better than Vasistha by fulfilling Triśanku's request. He accepted the challenge and took Triśanku to his \bar{a} śrama.



Story of Viśvāmitra contd...

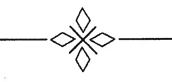
Viśvāmitra asked his disciples to arrange for a sacrifice that would send Triśańku to the heavens. Offering the oblations, he invoked the deities but no one appeared to receive the offerings. Viśvāmitra got angry and using all his powers acquired through austerities, commanded Triśańku to rise up to the heavens. To the amazement of all, Triśańku rose up in the sky and proceeded towards the heavens. Indra and the other devas could not admit him in the heavens with the human form and they pushed him down. Falling with head down, Triśańku cried out for help. Viśvāmitra was angry that Triśańku was denied entry in the heavens. With his powers, he arrested Triśańku's fall midway in space and created a separate heaven for Triśańku, known as Triśańku-svarga.

Having spent all his powers, Viśvāmitra went westward and reached a place called *Puṣkara*, where he again began performing penance. While he was absorbed in his penance, a young boy came to him with tears in his eyes. Disturbed by the sobbing of the boy, Viśvāmitra opened his eyes. The young lad introduced himself as Śunaśśepha, son of Ajigarta. He said that he had been bought by Prince Rohita, son of Hariścandra, to be offered in a sacrifice being performed by Hariścandra.

Sunaśśepha was the middle son of Ajigarta, who was a brahmin. Rohita had been looking for a boy who could be offered in his father's sacrifice in lieu of him. He had approached Sunaśśepha's father for one of his three sons in exchange for one thousand cows. The father had replied that the eldest son was dear to him, while the mother expressed that the youngest was dear to him. Sunaśśepha had felt abandoned and had offered to go with Rohita. On their way, they had reached Puşkara and here Śunaśśepha sought Viśuāmitra's help.

Viśvāmitra adopted Śunaśśepha as his own son. He taught Śunaśśepha two mantras and asked him to chant them mentally when he was tied to the sacrificial post. By doing so, the sacrifice would stand successfully performed, without the loss of his life. Śunaśśepha was thus saved with Viśvāmitra's grace and the yajña was completed.

Viśvāmitra then continued his penance for one thousand years. $Brahm\bar{a}$ blessed him with the tile of *rşi*, a sage. Still dissatisfied, he continued his penance with more intense forms of disciplines. *Indra* became worried at the intensity of the penance and sent *Menakā*, a celestial nymph to disturb *Viśvāmitra*. *Viśvāmitra*, captured by her beauty, spent ten years with her and also had a child named *Śakuntalā* during this period.



Story of Viśvāmitra contd...

Viśvāmitra later realised his mistake and continued his penance, but this time, on the banks of River Kauśiki in the north. Lord Brahmā again appeared before him and blessed him with the status of a mahaṛṣi, a great sage. Viśvāmitra wanted to know if being a mahaṛṣi would give mastery over his mind and senses. Lord Brahmā replied that it would not and asked Viśvāmitra to continue with his austerities.

As his penance began, *Indra* sent another beautiful heavenly damsel *Rambhā*, to distract the sage. *Viśvāmitra*, committed to his resolve, sensed that it was the work of *Indra*. He was not captured by her beauty; instead he succumbed to his anger. He cursed *Rambhā* to become a stone and remain on earth for one thousand years. Immediately after, he repented for his action and realised that he did not yet have mastery over his emotions. He decided to pursue his life of austerity until his goal was achieved.

Viśvāmitra went east and performed penance for another one thousand years. Pleased with his firmness of resolve, Lord Brahmā granted his request and conferred upon him the status of a brahmarși. As desired by Viśvāmitra, he called his son Vasiștha and asked him to acknowledge Viśvāmitra as a brahmarși. Seeing the spiritual growth and inner transformation in Viśvāmitra, Vasiștha happily did so. Viśvāmitra thus gained an eternal place among the exalted sages.

I. Storytelling

Help King Kauśika become a brahmarși by telling his story. Form two teams. The teams alternate telling the story and the team which does the best storytelling wins the game.

Team 1

One day King Kauśika went to the forest with his army. There he met Sage Vasistha

Team 2

After being defeated, King Kauśika went to the south to do penance and became a $r\bar{a}jarsi$. One day King Triśańku

Team 1

Rājarsi Kauśika went to the west to do more penance. One day King Hariścandra's son Rohita

Team 2

After great penance, Lord $Brahm\bar{a}$ made King Kauśika a rsi. Indra sent Menak \bar{a} , an apsar \bar{a}

Team 1

 R_{si} Kauśika then went to the north to do more penance and earned the title maharsi. Then Rambhā was sent

Team 2

Finally, Maharși Kauśika went to the east for further penance and became

He also came to be known as Viśvāmitra.

II. Questions to Stimulate Discussion

- 2. Identify the different feelings that Viśvāmitra had to overcome in order to become a brahmarși. • . ____
- 1. Why was Brahmarşi Kauśika known as Viśvāmitra?

STORY OF SAKUNTALA

Duşyanta, a king in the lunar dynasty, one day went hunting with an entourage. Tired of wandering in the forest, Duşyanta looked for a hermitage to rest and refresh himself. He came across Sage Kanva's āśrama. The sage was not in the hermitage at that time. As Duşyanta entered the āśrama, he saw a beautiful maiden watering her favourite plants. Duşyanta, enchanted by her beauty, fell in love with her. Relieved of his fatigue and captured by his desire for her, he asked her who she was and how she came to live in the forest. He concluded that since he, a kşatriya king, felt so strongly for her, she must be the daughter of a kşatriya alone.

Sakuntalā replied that she was the daughter of Sage Viśvāmitra, who had been a kṣatriya king, and Menakā. She added that Sage Kanva had raised her in his āśrama as his own daughter when Menakā abandoned her in the forest. Śakuntalā offered a seat to the king and extended all hospitality to him. Śakuntalā was also attracted towards the king. When Duşyanta discovered this, he pointed out to her that a kṣatriya princess had the freedom to choose her own life-partner. Śakuntalā willingly accepted Duşyanta and married him through gāndharva-vivāha. In the gāndharva system of marriage, the expression of mutual consent between the couple is sufficient to declare the couple as husband and wife. Duşyanta spent the night with his bride Śakuntalā in the āśrama and returned to his capital the next day on an urgent mission.

Upon his return from his travels, the sage was pleased to know of Śakuntalā's marriage with *Duşyanta*. Soon after, a son was born to Śakuntalā. The sage performed all the purificatory rites, samskāras, beginning with jātakarma, the birth ceremony, for the child. He was named Sarvadamana. He grew under the care of the sage and exhibited extraordinary valour. As a young lad, Sarvadamana fearlessly played with lion cubs in the forest and subdued them with his strength.

A long time lapsed and the king did not return from the capital. Sakuntal \bar{a} became sad as she began to lose hope of *Dusyanta* coming back. She went to the king's palace with her son. Anxious as she was to reunite with her husband, the king feigned ignorance about the marriage and did not accept the boy as his son.

A voice from the heaven declared that $\hat{S}akuntal\bar{a}$ was truly married to the king and the boy was, in fact, his son. The voice commanded the king to accept the boy as his son. From then on, the boy was called *Bharata*. *Duşyanta* accepted $\hat{S}akuntal\bar{a}$ as his queen, and *Bharata* became the crown prince. After *Duşyanta*, *Bharata* ruled his kingdom well and his country of rule was named after him as *Bhārata*.





I. Fill in the blanks.

Complete the story by filling in the appropriate words.

Sarvadamana	Kaņva	Gāndharva-vivāha					
Śakuntalā	Dușyanta	Bharata					
Viśvāmitra	M enak $ar{a}$	pined					
recognise	$Rambhar{a}$	Nārada					
1. Śakuntalā was ł	oorn to	and					
2 Sage	raised her in	his hermitage.					
3. King	King fell in love with Śakuntalā.						
4. He married Śaku known as		n of marriage					
5. <i>Śakuntalā</i> gave l hermitage.	pirth to	in Sage Kaņva's					
	. For a long time, Śakuntalā for King <i>Duṣyanta</i> to return.						
7. King <i>Duṣyanta</i> d to his palace.	King <i>Duṣyanta</i> did not her when she carne to his palace.						
8. On hearing the he and Sarvadaman	avenly voice, he acc	epted					
9. Sarvadamana w Dușyanta accepte	from the time						

II. Matching

Identify the relationships by drawing lines to connect the words.

	WHO?	RELATED TO WHOM?	HOW?
1.	Sage Kaņva	Menakā	Husband
2.	Dușyanta	Śakuntalā	Son
3.	Bharata	Śakuntalā	Foster-father
4.	Śakuntalā	Dușyanta	Wife
5.	Menakā	Viśvāmitra	Daughter

STORY OF SATĪ

Dakșa was a mānasa-putra, a mind-born son of Lord Brahmā, the creator. He was married to Prasūti, the third daughter of Svāyambhuva Manu. He had sixteen daughters, the youngest one being Sati. Sati married Lord Śiva.

Once $Praj\bar{a}pati$ performed a sacrifice known as Brahma Satra in which all sages and gods participated. Dakşa also came to attend the sacrifice. Everyone in the assembly, except $Brahm\bar{a}$ and Siva, stood up to honour Dakşa, when Dakşa entered. Dakşa offered his salutation to his father $Brahm\bar{a}$ and took his seat. He noticed that Siva neither stood up nor paid any attention to him.

Feeling insulted, Dakşa abused Śiva in the assembly as one who was impure and ugly and accused him of indecent behaviour. He regretted that he gave his virtuous and beautiful daughter to an unworthy person based on the advice of his father. He proclaimed that Śiva would not get his share in the sacrificial offerings, $\bar{a}hutis$, any more. Śiva distressed at the happenings, got up and returned to his abode with his gaņas, attendants led by Nandikeśvara.

In course of time, $Brahm\bar{a}$ crowned Daksa as $Praj\bar{a}pati$, the lord of created beings. *Daksa's* pride now grew manifold. Desiring to take revenge on Siva, he once arranged to perform *Brhaspati Sava*, the greatest of all sacrifices. He invited all sages and gods along with their spouses except Siva, his son-in-law.

Sati, his daughter, heard about her father's grand sacrifice. She saw a stream of women well-dressed and profusely decorated, proceeding towards the place of sacrifice along with their husbands. Prompted by a desire to witness the grand function that would be attended by all her affectionate sisters and their families, she went to her husband and entreated him for attending the sacrifice. She told him that even if an invitation was not received, they should not mind attending it, as a function at the place of guru, father or husband did not require an invitation.





Story of Sati contd...

Śiva told her that it was not proper to visit a place uninvited where one would not be welcome. He revealed to her the insult meted out to him by Daksa in the assembly of gods and sages. But Sati was bent upon attending the function. In spite of Śiva's warning that she would not be received at her father's place, she proceeded alone.

As Sati reached the place of sacrifice, her father did not look at her. Fearing Daksa, none greeted her. She saw no oblation, $\bar{a}huti$ was offered to her husband. Sati realised that Daksa had arranged the sacrifice only to take revenge on her husband. Hurt and angered, she ridiculed him for his prejudice against *Siva* born out of pride of learning and power of penance and disowned him as her father. She sat in meditation and offered herself in the fire of ycga and brought an end to her form. The attendants of Sati rushed towards Daksa to kill him. *Bhrgu*, the chief priest, invoked a *mantra* and created special beings known as *ribhus* to drive away the attendants and save the sacrifice.

Śiva came to know of the happenings in the sacrificial hall through Sage Nārada. Deciding to punish Dakşa, he took out a strand of his matted locks and dashed it on the ground. A mighty being, known as Vīrabhadra arose from the strand and rushed to the spot of the sacrifice, as instructed by Śiva. Destroying the yajña, sacrifice, Vīrabhadra severed Dakşa's head instantly. Śiva pardoned the sages who took part in the irregular yajña. At the request of Brahmā, he visited the yajña-śālā and blessed Dakşa to regain his life. Freed of his pride, Dakşa completed the sacrifice in the presence of Śiva. Praising the greatness of Śiva, Dakşa ruled the beings for many yugas.

I. Storytelling

Form three teams. Each team will tell one part of Satis story. The team which does the best storytelling wins the game. The story begins for each team as follows:

Team 1

During the yajña, all the rsis stood up to honour Daksa except

Team 2

When Sati found out that her father was performing the *Brhaspati-sava*, she wanted to

Team 3

Śiva sent Virabhadra to destroy

II. Matching

Identify the relationships by drawing lines to connect the words.

	WHO?	RELATED TO WHOM?	HOW?
1.	Dakṣa	Dakṣa	Born of mantra-śakti
2.	Ribhus	Śiva	Father
	16		
3.	Virabhadra	Bhrgu	Born of matted locks
4.	Śiva	Śiva	Father-in-law
	2		
-		a 7	
5.	$Brahm\overline{a}$	Sati	Bhakta
6.	Nandi	Śiva	Husband
	2		

III. Topics to Stimulate Discussion

Describe where these morals occur in Sati's story.

1. Arrogance is the seed of a great fall. 2. An adamant nature leads to self-destruction. _____ * . 3. Worship without devotion is not accepted by the Lord. -

STORY OF MĀRKAŅDEYA

Sūta Maharși had been narrating the Bhāgavata Purāņa to the sages headed by Śaunaka in Naimiśāraņya forest. Towards the close of the narration, Śaunaka raised a doubt regarding Sage Mārkaņdeya. It was known that Sage Mārkaņdeya was born in the same kalpa, cycle of creation, as Śaunaka. The dissolution of the kalpa had not yet taken place. Śaunaka could not understand how Sage Mārkaņdeya could have the vision of the Lord in the form of a baby during the dissolution, as described in the purāņa. Śaunaka asked for clarification. In reply, Sūta Maharși narrated the story of Mārkaņdeya as follows:

 $M\bar{a}rkandeya$ was the son of Sage Mrkandeya. Mrkandeya initiated $M\bar{a}rkandeya$ into $G\bar{a}yatr\bar{i}$ -mantra with the upanayana-samskara. Thus qualified to begin Vedic studies, $M\bar{a}rkandeya$ started learning the Vedas and Vedangas. After duly completing his studies, he resolved to continue lifelong with the first stage of life, namely brahmacarya. Taking his abode in the Himālayas, he lived a life of penance. Thus when he was remaining absorbed in the thoughts of the Lord, many years rolled by.

Indra wanted to test the steadfastness of the sage. He sent beautiful celestial nymphs led by $Pu\tilde{n}jikasthal\bar{a}$ to his hermitage but the sage remained undisturbed by them. Seeing their incapacity to distract the sage and afraid of offending him, $Pu\tilde{n}jikasthal\bar{a}$ retreated with her group. Lord $N\bar{a}r\bar{a}yana$ was pleased with the sage's mastery over his mind and senses. He came to the hermitage as sages Nara and $N\bar{a}r\bar{a}yana$. $M\bar{a}rkandeya$ welcomed them with all devotion, as he knew they were Lord Visnu himself. Pleased with $M\bar{a}rkandeya$, they gave him a boon. $M\bar{a}rkandeya$ requested them to reveal the truth of $m\bar{a}y\bar{a}$, because of which the diverse names and forms in the creation were perceived as real. Nara and $N\bar{a}r\bar{a}yana$ promised to reveal the truth soon and left for their abode in Badarikāśrama.

One day, $M\bar{a}rkandeya$ was absorbed in contemplation in his \bar{a} /srama when he had a vision of dissolution of the creation. Heavy rains lashed on earth accompanied by strong winds, thunder and lightning. Soon there was water everywhere and the earth began to disappear under it. In the midst of the waters, he saw a beautiful baby full of effulgence, floating on a banyan leaf. The baby was holding the big toe of the right foot with his tiny hands into his mouth and sucking it. $M\bar{a}rkandeya$ went near the baby to have a close look, when he was sucked into the baby by its breath. Inside the baby, he saw the entire universe with mountains, rivers and oceans. He also saw his own \bar{a} /srama inside the baby. Pushed out by the baby's exhalation, the sage again saw him out in the waters. In an instant, the baby vanished, the deluge disappeared and $M\bar{a}rkandeya$ was in his \bar{a} /srama again.

Lord Siva and $P\bar{a}rvat\bar{i}$ met the sage and explained to him that the vision he had was the revelation of $m\bar{a}y\bar{a}$ shown by Lord $N\bar{a}r\bar{a}yana$ himself. The sage understood the pralaya, deluge, as one of the glories of $m\bar{a}y\bar{a}$ and realised that $m\bar{a}y\bar{a}$ was a mere appearance of names and forms effortlessly wielded by the Lord himself.

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Story of Markandeya

I. Fill in the blanks.

Complete the story by filling in the appropriate words.

Vedas	planets	apsarā
devotee	boon	baby
vision	dissolution	universe
1. Sage Mārkaņd	eya was an ascetic	and had studied the
2. He was a great		_ of the Lord.
3. Indra sent an unsuccessful.		to distract the sage, but was
4. Sage Mārkaņd	eya asked the Lord	l for a
5. One day, durin	g the	of the world, the sa

saw waters tossed by winds and rains. of the world, the sage

6. He saw a beautiful ______ drifting in the waters.

7. The sage entered the baby's body and saw the entire ______ inside him.

8. Sage *Mārkaņdeya* understood that he had been blessed by the ______ of the Lord.

II. What do you learn from this story?

同時の内内国につ

<u>MATSYĀVATĀRA</u>

In the eternal flow of time, one of the cycles of creation, namely a kalpa, was coming to its completion. This meant that Lord $Brahm\bar{a}$ would retire for the day, and during the night, the dissolution of the creation would take place. The tidal waves of the sea submerged the worlds under the waters. During that time, the demon Hayagriva, the chief of the *asuras*, happened to be near *Brahmā*. He stole the *Vedas* coming out of Lord *Brahmā's* mouth and concealed them under the waters. Lord *Viṣṇu* saw this and decided to take the form of a fish to retrieve the *Vedas*.

In the same kalpa, there was a $r\bar{a}jarsi$, a royal sage, who was a king as well as an ascetic, by the name Satyavrata. One day, Satyavrata was performing *jala-tarpana*, oblations with water, on the banks of River $K_{rtam\bar{a}}l\bar{a}$. As he took the water from the river in his palms for the oblation, a tiny fish came with the water. He dropped the water back into the river in order to save its life. To the surprise of the king, the fish started speaking to him in human voice. It asked him to have compassion and not leave it in the river as its life was in danger because of bigger fishes. The merciful king agreed to protect the fish and dropped it in his kamandalu, a water-pot of coconut shell, and carried it to his $\bar{a}srama$.

By the next day, the fish had grown bigger. Finding the space in the kamandalu inadequate, the fish asked the king to provide a larger pot. The king did not observe anything unusual and gently placed it in a pitcher. In less than an hour, the fish grew bigger in size and appealed to the king to have mercy and provide a more spacious container of water. The king, containing his surprise, placed the fish in a pool of water. The fish instantly covered the space of the pond and again addressed the king. The king now saw this as an unusual phenomenon. He took the fish to the sea and placed it back in the sea water. He understood that the fish was none other than the Lord and offering his salutations, glorified him.



- I. Unscramble the words.
 - 1. V Y A H G A Ī A R The *asura* who stole the *Vedas* was
 - 2. V R T A Y A A S A T There was a devoted king named
 - 3. A R H A M B The creator is

4. G S E S A Holy men are called

5. T M S A Y A One incarnation of the Lord was

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Matsyāvatāra contd...

The Lord then informed the king that on the seventh day hence, the dissolution of the creation would take place. He added that when the sea waters are about to submerge the worlds, a boat would be sent for him. The Lord instructed the king to board the ship and bring with him seeds of plants and herbs, as well as animals for the next creation. Seven great sages were also to accompany the king. The Lord advised the king to sail the boat undaunted by the tidal waves, as he would be guided in the darkness by the brilliance of the sages. The Lord added that he would appear on the waters as a giant fish with horns and the king should tie his boat to the horns of the fish. The Lord himself would guide the boat in the vast expanse of the waters until the completion of the night of $Brahm\bar{a}$. The Lord assured Satyavrata that at that time he would bless him with his teachings.

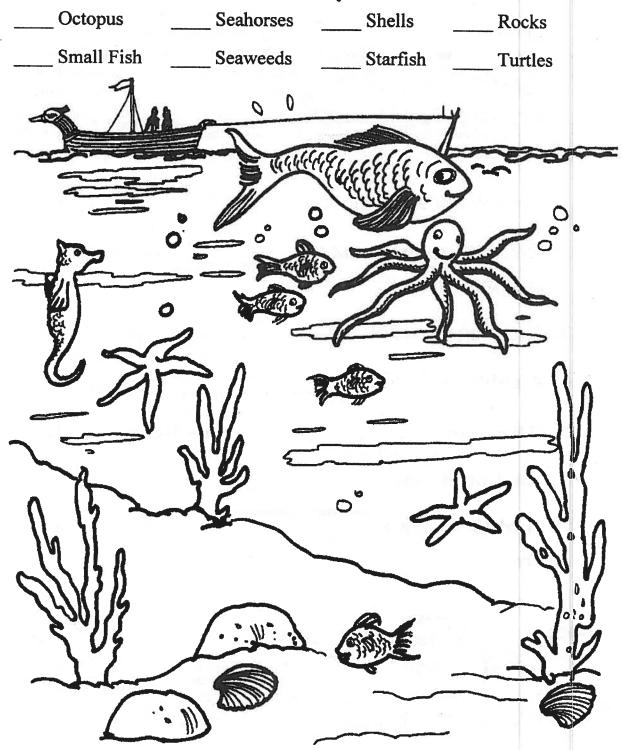
Satyavrata felt happy and awaited the deluge of the worlds. The day arrived and the sea waters swelled with unprecedented rains submerging the land around. The earth began to disappear fast. Satyavrata saw a boat approaching him. He boarded it along with the seven sages. Singing praises of the Lord, they set the sail.

There was thick darkness all around, but the effulgence of the sages guided the boat on its sail. All of a sudden, a giant fish with horns and golden in colour appeared. King Satyavrata fastened the boat to the horns and guided by the Lord, guided them through the waters. Sporting in the waters, the Lord imparted the knowledge of truth to Satyavrata. The Lord also killed Hayagriva and restored the Vedas to Brahmā at the dawn of the new day. The Lord, having completed his task as a fish, disappeared. Satyavrata became Manu in the next cycle of creation. He was known as Vaivasvata Manu and became the first being to propagate the human species.



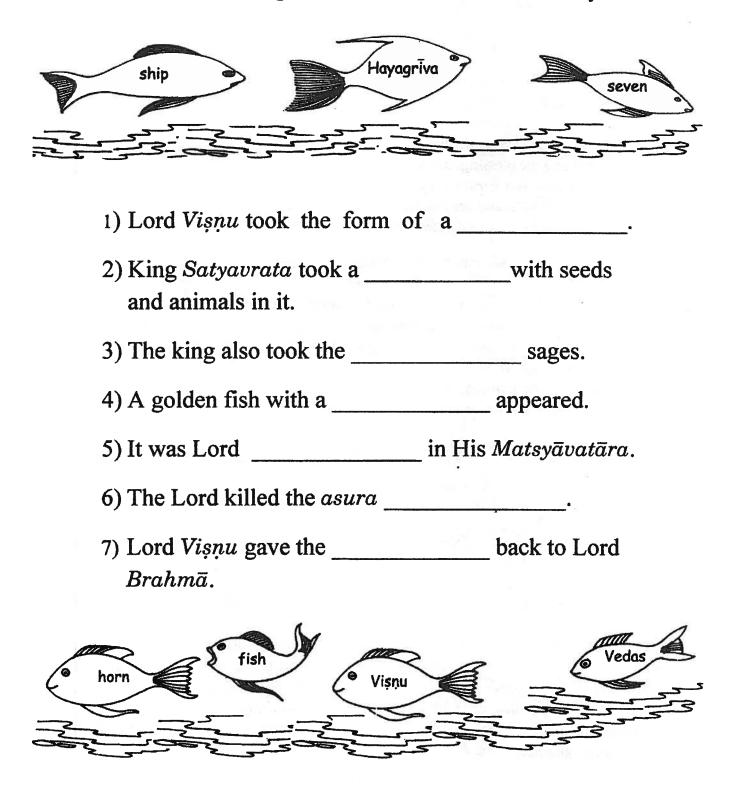
II. Count Me

While crossing the ocean before the mahāpralaya, King Satyavrata passed many things under the water. Count the items in the picture and indicate how many there are of each.



III. Fishing Game

Use the words floating around to fill in the blanks correctly.



KŪRMĀVATĀRA

In the $C\bar{a}ksusa$ -manvantara, the period of rule of $C\bar{a}ksusa$ Manu and his descendants, the Lord manifested as $K\bar{u}rma$, a tortoise.

It so happened that once there was a fight between the *devas* and the *asuras* in the heavens. The *asuras* killed many *devas* and established supremacy over them. The Vedic sacrifices were not allowed to be performed on earth. *Indra*, the king of heavens; *Varuna*, the deity of waters; and other *devas* lost their splendour due to the absence of oblations from the sacrifices. Lacking the blessings of the *devatās*, the three worlds suffered. *Indra*, with other *devas*, approached Lord *Brahmā* for help. Lord *Brahmā* took them to the Milky Ocean, the abode of Lord *Viṣṇu* and praying fervently they sought Lord *Viṣṇu's* help. Pleased with their prayers, the Lord appeared before them and blessed them.

He suggested that they make peace with the powerful *asuras* and churn the Milky Ocean with their help. He assured them that they would receive nectar from the ocean as a result of churning, drinking which they would become immortal and overpower the *asuras* in future battles. He gave them detailed instructions as to how to go about this task, and advised them not to covet for any pleasurable objects that might emerge from the ocean during the churning. He also told them to avoid lashing out in anger against the *asuras* and not be afraid of the poison that might emerge from the ocean while churning. Offering salutations to the Lord, the *devas* returned to their abode.

Indra went to *Bali*, the chief of *asuras* and negotiated for peace. As the gain of nectar had to be accomplished, *Indra* did not mind the loss of honour in approaching *Bali* for help. He told *Bali* about the nectar and the need to churn the ocean together for the nectar, which could then be shared by all. *Bali* willingly agreed to the proposal.

As instructed by the Lord, the *devas* and *asuras* brought all the herbs and plants, and dropped them in the Milky Ocean. With the grace of the Lord, they carried Mount *Mandara* on *Garuda's* back to the ocean in order to use it as a churning rod. $V\bar{a}suki$, the serpent king, agreed to be the cord for whirling the rod in the ocean as he was assured of his share of the nectar. Accordingly, they twined the long $V\bar{a}suki$ around the *Mandara* mountain. The Lord along with the *devas*, positioned himself near $V\bar{a}suki's$ head and the *devas* held the serpent in their hands. The *asuras* objected to holding the tail as they considered the tail inauspicious. The Lord expecting their objection and knowing what was in store for them near the head, welcomed the idea of switching sides. With the *devas* and the *asuras* ranging on either side of the *Mandara* rod and each pulling the ends of the coiled $V\bar{a}suki$ alternately, the churning began.

Kūrmāvatāra contd...

Soon after, in spite of holding the cord tightly during the churning, due to its weight the *Mandara* mountain sank in the waters. The Lord knew that this was because they had not invoked Lord *Vighneśvara* before starting the endeavour. He took the form of huge tortoise and went under the waters. He bore the mountain on his back and arose. The *devas* and the *asuras* rejoiced at the sight of the mountain again. The Lord, in the form of the tortoise, continued to support the mountain on his back and the churning began once again.

As $V\bar{a}suki$ was being pulled on both sides in great velocity and force, he began to emit fire and poisonous smoke. Having taken their position near $V\bar{a}suki$'s head, the *asuras* suffered the heat and fumes and were unable to proceed with the churning. The Lord took over the churning on both the sides. Soon after, the deadly poison, $h\bar{a}l\bar{a}hala$, also known as $k\bar{a}lak\bar{u}ta$, emerged from the surface of the ocean. Frightened at the mere sight of the poison, the *devas* rushed to Lord *Śiva* for protection. Lord *Śiva* swallowed the poison and thus protected everyone.

The poison had been the consolidated impurities of the ocean. Now that the impurities had been consumed by the Lord, as the churning continued, there arose many beautiful things from the ocean. The divine $K\bar{a}madhenu$ appeared first and was gifted to the sages headed by *Vasistha* for the performance of their daily rituals. Then came the beautiful horse *Uccaiśravas* which was taken by *Bali*. The majestic elephant *Airāvata* with four tusks followed and was given to *Indra*. The Lord took the jewel *Kaustubha* that arose from the ocean.

The wish-fulfilling $P\bar{a}rij\bar{a}ta$ tree and women with captivating beauty, the *apsarās*, were presented to the heavens. Goddess Laksmi, in all her grace and splendour appeared before all. Everyone desired her, wanting her for them-selves. But she chose Lord Visnu and married him.



I. Fill in the blanks.

Complete the story with the appropriate words.

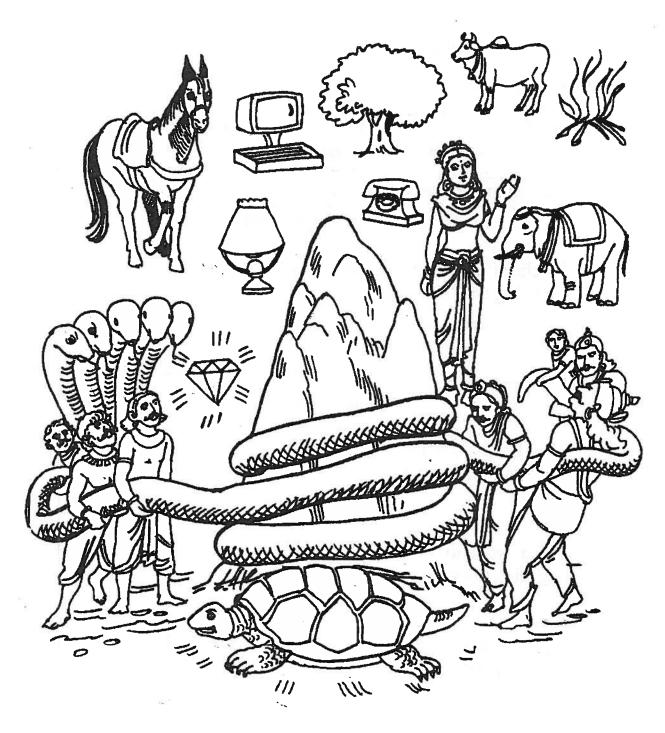
Bali	mount Mandara	Rāma
devas	Rāvaņa	asuras
Vigneśvara	kūrma	snake
1 The	and	fought many

- 1. The ______ and _____ fought many wars in the heavens.
- 2. To churn the ocean the *devas* used the ______ as a churning staff.
- 3. The _____ $V\bar{a}suki$ was the churning rope.
- 4. The Lord incarnated as a ______ to hold the mountain on his back.
- 5. *Indra* went to as ______, the chief of *asuras* and negotiated for peace.
- 6. Mt. *Mandara* sank in the water because they had forgotten to pray to Lord_____

II. Find Me

16

The churning of the ocean offered the devas and asuras six items. Identify and colour them.



Kūrmāvatāra contd...

The churning went on. Finally, Lord *Dhanvantari* arose with a golden pot containing the nectar. He was none other than Lord $N\bar{a}r\bar{a}yana$ himself. The *asuras* snatched the pot from him and began fighting among themselves as to who should consume the nectar first. The *devas* sought help from the Lord, and all of a sudden, a beautiful woman *Mohini*, appeared. The *asuras*, captivated by her charms and appearance, sought her intervention in the distribution of the nectar. *Mohini* agreed to the request on a condition that they would accept whichever way she chose to distribute the nectar. The *asuras*, in their delusion, willingly agreed to her condition and gave her the pot of nectar.

Mohini asked the asuras and the devas to sit in a row. With her charming movements and speech, she mesmerised the asuras and went about distributing the nectar to the devas. One asura quietly took a seat in between the sun deity and the moon deity, and partook the nectar. Realising what had happened, the Lord chopped off the head of the asura with his disc. The head remained immortal due to the prior consumption of the nectar, while the tail fell dead. The Lord honoured the head, by making him a planet called $R\bar{a}hu$. Thus partaking the nectar, the devas became very powerful and vanquishing the asuras in a battle, regained their supremacy and splendour.

III. Crossword Puzzle

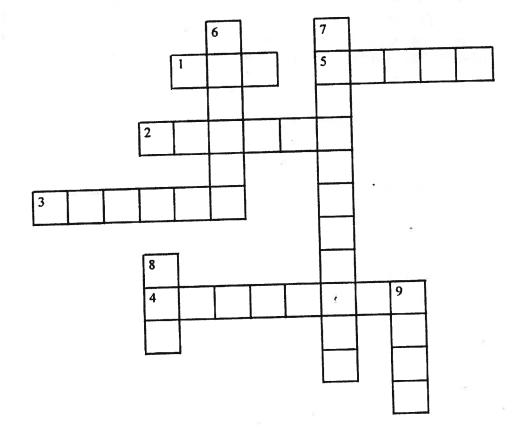
Identify the items that emerged during the churning of the ocean.

ACROSS

- 1. Her milk was used for Vedic rituals.
- 2. It was swallowed by Lord Śiva.
- 3. She married Lord Nārāyaņa.
- 4. The tusker that was given to Indra.
- 5. Bali took this white animal.

DOWN

- 6. She charmed the asuras.
- 7. He carried the nectar.
- 8. The Lord wore it as an ornament.
- 9. It was known as the Pārijāta.



VARĀHĀVATĀRA

At the beginning of creation, Svāyambhuva Manu and Šatarūpā emerged from Brahmā. Satarūpā became Svāyambhuva Manu's wife and had two sons, namely, Priyavrata and Uttānapāda, and three daughters, namely, Ākūti, Devahūti and Prasūti.

Having initiated the propagation of human species, Brahmā commanded Svāyambhuva Manu to rule the earth righteously. He asked Manu to live a life with devotion towards the Lord and worship him through Vedic sacrifices. Svāyambhuva Manu sought an abode for himself and his progeny in order to carry out his duties. At that time, the earth was submerged in the waters due to the previous dissolution of the creation.

As $Brahm\bar{a}$ reflected upon how to recover the earth from the waters, there appeared in the sky a tiny boar, which instantly grew to an alarming size. $Brahm\bar{a}$ and others wondered at the weird looking creature and began to speculate about its identity. The loud roar of the boar resounding in all the quarters, made it obvious that the boar was none other than the Lord himself. $Brahm\bar{a}$ offered his salutations to the Lord and sang hymns in praise of him.

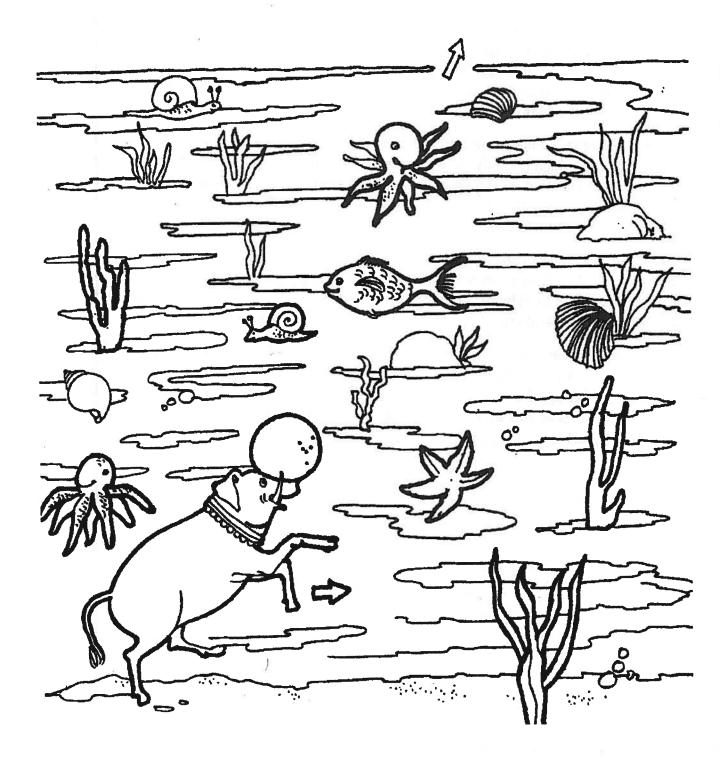
The divine boar, Lord $Var\bar{a}ha$, then dived deep into the waters and reached the bottom of the ocean. Sniffing through the waters, Lord $Var\bar{a}ha$ discovered the earth and lifted it on its white tusks. As the Lord began to rise from the ocean bed towards the surface of the ocean, $N\bar{a}rada$ informed the demon *Hiranyākşa*, regarding the whereabouts of the Lord.

Hiranyākşa was the son of Sage Kaśyapa and Diti. He and his brother, Hiranyakaśipu, were conceived by Diti at a time that was inappropriate for union, as it was pradoşa-kāla, the time for worship of the Lord. The two sons born to Diti from that union turned out to be asuras. Hiranyākşa was so proud of his powers that he wanted to have a battle with the Lord and defeat him.



I. Help Me

Help Lord Varāha find the surface of the sea to re-establish Mother Earth.



61

Varāhāvatāra contd...

There is an interesting story that describes the cause of *Hiraŋyākṣa's* birth. Once, the sages *Sanaka* and his three brothers went to *Vaikuntha* to meet Lord *Viṣṇu*. They passed through many entrance gates, and when they reached the seventh entrance, they did not take notice of the two young *dvārapālakas*, guards, standing with mace in their hands. The guards were offended and stopped them on their way. Thus provoked, the sages got angry at the guards and pronounced a curse on them for their arrogance. The sages cursed them to be born as *asuras* on earth. The guards, *Jaya* and *Vijaya*, realised their folly and expressed their apology to the sages.

Lord Visnu came to know of the insult suffered by his attendants, who happened to be his devotees, and came to their aid. He told them that they would have only three births after which they would return to Vaikuntha. He added that in all the three births, they would meet their end in the hands of the Lord alone. In their first birth, Jaya and Vijaya were born as Hiranyakasipu and Hiranyāksa. This was followed by their second birth in which they were Rāvana and Kumbhakarna. They completed their curse with the final birth in which they they were Śiśupāla and Dantavaktra.

As soon as Hiranyakşa found out that the Lord was inside the ocean waters in the form of a boar, he went in and obstructed the Lord's way in the waters. Confronting him, Lord Varaha reached the surface of the waters and placed the earth on the surface. A fight ensued between him and the *asura* in which Lord Varaha destroyed Hiranyakşa with his *Sudarśana-cakra*.

The devas rejoiced at the fall of the asura and $Brahm\bar{a}$ offered his prayers extolling the Lord's glories. Having got the earth as his abode, $Sv\bar{a}yambhuva$ Manu propagated the human species and ruled the earth gloriously.

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II. Fill in the blanks.

Complete the story with the appropriate words.

creation	tusk	sword	Hiraņyākṣa		
lion	Earth	boar	Mahābali		
HOIL					

- 2. Lord Viṣṇu, as a _____, jumped into the deep waters.
- 3. There he fought the $r\bar{a}ksasa$ named ______.

4. He lifted Mother Earth on his ______ and saved her.

5. Thus the process of ______ continued uninterrupted.

III. Mark it with an X.

Mark the "odd one out" (the one that does not belong in the group).

Group 1 Hiranyakaśipu Vijaya Jaya Hiranyākṣa Snake Group 2 Sky Water Earth Map Fire Group 3 Avatāra Grunt Boar Fish Tusk Group 4 Arrogant _____ Unrighteous Selfish Compassionate ____ Destructive Group 5 Sustenance Creation Dissolution Damage

NARASIMHĀVATĀRA

Hiraņyākṣa and Hiraņyakaśipu were the two asuras born to Sage Kaśyapa and Diti. Hiraṇyākṣa was slain by the Lord in his manifestation as Varāha, boar. Hiraṇyakaśipu was very angry at the killing of his beloved brother. He vowed to avenge his brother's death and sever the head of his killer. He summoned his ministers and commanded them to destroy the righteous people and the places of sacrifices, so that Lord Nārāyaṇa would not get any oblation. The demons began to carry out the commands of their chief. They harassed the righteous people and burnt down the places of sacrifices. Adharma became rampant everywhere. The dharmic people began to fear for their lives.

Hiranyakaśipu desired to have undisputed lordship of all the three worlds. He decided to practise severe penance in order to win the grace of Lord $Brahm\bar{a}$, and went to a valley of Mount *Mandara* for this purpose. Pleased with his austerities, $Brahm\bar{a}$ appeared before *Hiranyakaśipu* and offered him a boon.

Hiranyakasipu asked for a boon whereby he would not be killed by any being created by Brahmā or any one else. He did not want his death to occur either inside or outside, either in the day or in the night. He added that no weapons should cause his death, either on earth or in space, and finally he sought undisputed lordship over all beings. The lord granted all his boons and blessed him. Convinced that he was the most exalted in the entire creation, Hiranyakasipu went about fearlessly doing everything he wanted to do; people suffered under the tyranny of his rule.

One day when Hiranyakasipu was performing his penance, the *devas* attacked the *asuras*. Indra captured Hiranyakasipu's pregnant wife, $Kay\bar{a}dh\bar{u}$ and carried her away in order to kill the *asura* child in her womb.



Narasimhāvatāra contd...

品

Sage $N\bar{a}rada$ revealed to *Indra* that the baby in the womb was a devotee of Lord $N\bar{a}r\bar{a}yana$ and releasing her from *Indra*, took her to his $\bar{a}srama$. $Kay\bar{a}dh\bar{u}$ served the sage with devotion. $N\bar{a}rada$ used to narrate the glories of Lord $N\bar{a}r\bar{a}yana$ to her and the child in the womb also used to listen to the teachings. When *Hiranyakasipu* returned from his penance, $N\bar{a}rada$ sent $Kay\bar{a}dh\bar{u}$ back to her husband's place and soon after she gave birth to *Prahlāda*.

Prahlāda was born as a devotee of Lord Nārāyaņa. He exhibited all virtues in him unlike the people of his race. He remained absorbed in the thoughts of the Lord chanting his name or singing his glories. Hiraņyakaśipu appointed Śanda and Amarka, the two sons of his Guru Śukrācārya as teachers for Prahlāda and asked them to teach him texts dealing with the pursuits of artha, money and power and $k\bar{a}ma$, pleasures of life.

One day, Hiranyakaśipu called the five year old Prahlāda and asked him to summarise all that he had learnt. Prahlāda replied that surrender to Lord Nārāyaṇa was the only means for liberation from the sufferings of human life. Hiranyakaśipu was shocked to hear this. To prevent the influence of the devotees of Lord Nārāyaṇa, he sent the boy to the teachers' residence where he was asked to live and study.

Prahlāda continued to talk words of wisdom and show his devotion for Lord $N\bar{a}r\bar{a}yana$. Śanda and Amarka tried their best to make him learn things that would please the king. But they could not change Prahlāda's mind. Prahlāda returned home but much to Hiranyakaśipu's discontent continued to talk about the glories of the Lord.

Hiraņyakaśipu developed hatred for *Prahlāda* and ordered his killing. His people used various methods to kill *Prahlāda* but they were unsuccessful. The weapons used against him became blunted. Wild elephants trampled on him without any impact. He was hurled down from the top of a peak, and he got up as if nothing had happened. Poisonous snakes could not bite him to death. Blazing fire could not burn even the hair on his body. He was buried alive under the earth, but he continued to live. Frustrated with the failure of all his efforts, *Hiraņyakaśipu* sent him back to his teachers' place.



I. Find Me

Identify four items shown below that were used to kill Prahlada and colour them.



Narasimhāvatāra contd...

Once when the teachers were away, Prahlada revealed to his co-students how he had listened to the glories of the Lord from Sage $N\bar{a}rada$ while in his mother's womb. He, then, taught them everything he had learnt from the sage. The teachers came to know about Prahlada's influence on the minds of other children. Annoyed, they informed *Hiranyakaśipu* and sent him back home.

Hiraņyakaśipu decided that he himself would put an end to Prahlāda's life. He sent for him. Prahlāda came and stood calmly before his father who was filled with rage. Hiraņyakaśipu ruthlessly told him of his intention, but Prahlāda only felt sorry for him and asked him again to accept Lord Nārāyaņa as the most powerful. He pointed out how his father's own wrong thinking was his worst enemy, not Lord Nārāyaņa. Hiraņyakaśipu retorted asking Prahlāda to show him the place of existence of Lord Nārāyaņa. He wanted to know why the Lord was not visible in the facing pillar if he truly existed everywhere. He threatened to sever Prahlāda's head and challenged the Lord to protect him. So saying, Hiraṇyakaśipu went towards the pillar with a sword in his hand and hit the pillar with his fist.

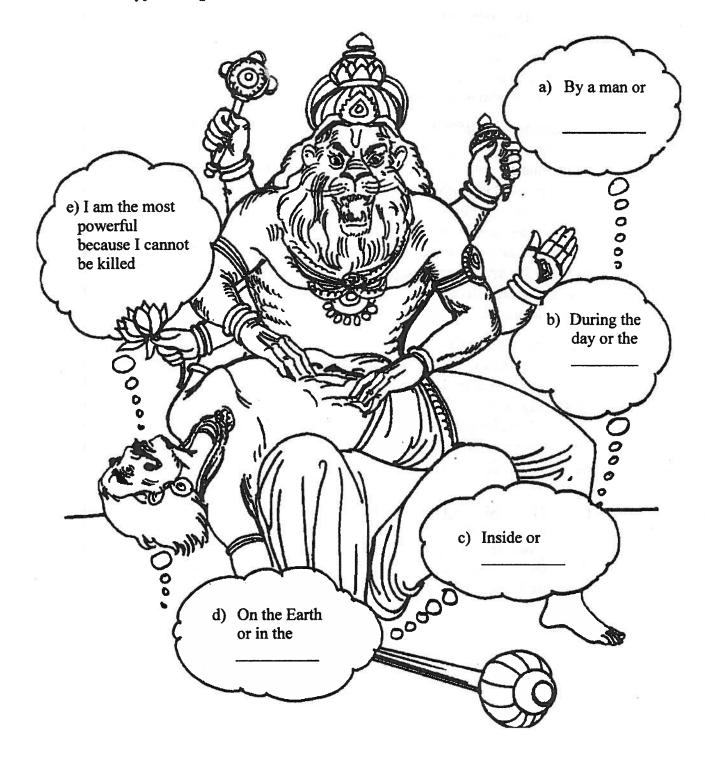
At that moment, the pillar split with a thunderous noise and the Lord emerged in a terrifying form as Narasimha, lion-faced human being. Hiranyakaśipu rushed towards the Lord. Narasimha pounced upon him and carried him to the threshold. It was the twilight hour. Keeping Hiranyakaśipu on his lap, the Lord tore open his chest with his claws and roared. While the celestials rejoiced at the fall of the mighty demon, none dared to look at or approach Narasimha who was in full fury due to the offence caused by the demon towards his devotee.

Young Prahlada was asked to pacify the Lord. Prahlada approached him and offered his salutations. The Lord blessed him. Prahlada sang the glories of the Lord, his voice choking with emotions and his eyes shedding tears of joy. The Lord bestowed a long life to Prahlada lasting upto the end of the kalpa and offered him all pleasures of the world during his life-time.

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II. Complete the Boon

Fill in the correct words to describe the boon that King Hiranyakaśipu asked of the I ord.



III. Word Search

Find the following words, which appear up, down, across and diagonally in the word game.

Hiraņ	nyaka	śipu	Lo	ord		snake)	fire	•		praye	r
Nārā	yaṇa		as	ura		poiso	n	ele	phant		pilla	C
н	R	S	Н	N	P	S	T	R	Μ	0	N	Y
Р	I	L	·L	A	R	N	Т	G	U	P	U	В
Q	S	R	N ·	x	R	Α	D	Α	N	R	Μ	I
W	E	R	Α	D	I	K	R	U	Μ	A	Ι	Μ
R	Т	E	V	Ņ	E	E	0	Α	Ρ	Y	S	В
Т	B	S	W	0	Y	S	L	Е	М	Ε	Ι	С
M	N	Ā	R	Ā	Y	Α	Ņ	Α	N	R	S	G
Ν	Т	G	N	J	Y	R	K	S	E	0	v	V
S	0	S	W	A	S	U	R	Α	М	В	L	Т
H	Ο	S	Μ	W	A	В	Р	E	Ś	Μ	F	Y
v	Т	E	I	N	Μ	w	Ι	S	D	I	0	U
0	F	G	W	Ó	Μ	R	S	S	R	0	Р	Т
E	Т		A								0	U

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<u>VĀMANĀVATĀRA</u>

Indra and other devas had regained their glory after acquiring the nectar from the churning of the Milky Ocean. Bali, the asura chief, had been vanquished by Indra in a fight. Sukrācārya, the guru of the asura clan, however, had intervened and saved Bali's life.

Bali was grateful to the sages of the Bhrgu race, Śukrācārya and his descendants. He served them with devotion and offered them rich tributes. He sought guidance from Śukrācārya for regaining the kingdom of heavens. Śukrācārya assured Bali of success and performed a symbolic coronation ceremony for him. He asked Bali to perform the Viśvajit sacrifice, in which one gives one's entire wealth in charity in order to conquer the heavens. When the ritual was nearing completion, a beautiful chariot arose from the fire altar containing an armour, a bow and arrows which were received by Bali. Bali's grandfather, Prahlāda, came and presented him a garland that would never fade; and Śukrācārya presented him a conch. Bali was thus blessed by all.

Mounting on the divine chariot and equipped with the armour and bow, Bali marched to Amarāvati, the capital of Indra, with his army. He blew the conch at the gates of the city and instilled fear in the hearts of the devas. Seeing the army led by the invincible Bali, Indra approached his guru Brhaspati for advice. Brhaspati told Indra of the help provided by Sukrācārya to Bali and advised him to go into hiding for some time. He said that Bali would meet his downfall by his own deed of insult to his guru, who was now instrumental in his success. Indra and other devas fled from the heavens. Bali occupied the throne of Amarāvati without any resistance and brought the three worlds under his command.

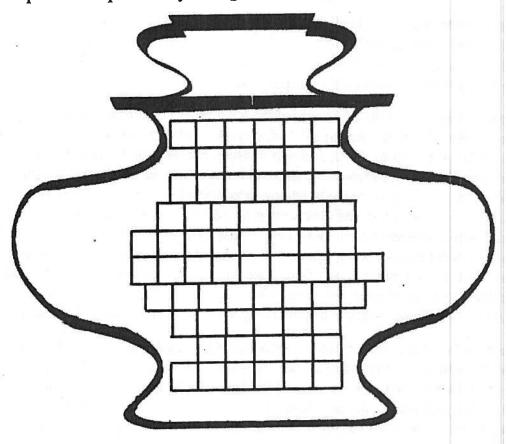
Aditi, mother of devas, was distressed at the disappearance of her sons. She narrated her sufferings to Sage Kaśyapa, her husband on his return from his travels. She asked him to suggest a way for the devas to retrieve their lost glory.

Kaśyapa replied that if she worshipped the Lord through the discipline of payourata, a discipline in which one lives on milk alone, Lord Visnu would fulfill her desires. He instructed her on the method of worship, which involved worshipping the Lord for twelve days in the bright fortnight of the month of $Ph\bar{a}lguna$. The vow had to be observed from $Am\bar{a}v\bar{a}sy\bar{a}$, New Moon day, when one offered prayers to Mother Earth and Lord Visnu after taking a religious bath. A special $p\bar{u}j\bar{a}$ had to be performed, chanting the twelve syllabled mantra - "om namo bhagavate vāsudevāya" - salutation unto Lord Vāsudeva.

The next day one had to begin taking only milk diet, observe total silence, sleep on the ground, bathe three times a day and abstain from worldly enjoyments. One had to perform one's daily religious duties with the *vrata*, vow. For twelve days one had to thus live a life of worship and contemplation. On the thirteenth day, the *vrata* would be completed with special $p\bar{u}j\bar{a}s$ and feeding of the sattvic people and offering of *daksinā* and charities.

I. A Pot of Puzzles

Complete this puzzle by using the clues given below.



Line 1	Aditi was the deva's		
Line 2	The asura king		
Line 3	A teacher is also called		
Line 4	Vāmana's father		
Line 5	The yajña that Bali performed		
Line 6	Thread ceremony		
Line 7	Bali conquered this loka		
Line 8	An avatāra		
Line 9	Lord of deva's		
Line 10	Bali was their king		

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Aditi observed the payourata in all earnestness and followed the injunctions to every detail. Finally, the Lord appeared before her. At the sight of the Lord, her joy knew no bounds and she extolled him with words of praise. The Lord promised to fulfill her desire and told her that he would be born to her soon for this purpose.

On the twelfth day of the bright fortnight of the lunar month of $Bh\bar{a}drapada$, the Lord took birth at noon. He grew to the size of a dwarf, $v\bar{a}mana$. He was known as Upendra, brother of Indra, as he was born to Aditi, Indra's mother. The sage performed the upanayanasamskāra for Vāmana. Brhaspati placed the sacred thread across his shoulder, while Kaśyapa tied the waist-cord made of muñja grass. Mother Earth gave him the deer skin seat and the moon deity presented the sacred staff. Mother Aditi dressed him with the loincloth and Brahmā blessed him with a kamandalu, water-pot. Goddess Sarasvatī offered him a rosary made of akṣa beeds. Kubera, the deity of wealth, gave the bhikṣā-pātra, the vessel to collect alms, while Pārvatī Devī gave him the first bhikṣā. Thus honoured by all the assembled gods, goddesses and sages, Vāmana was initiated and carried the lustre of brahma-tejas, a brilliance that one acquires only after the completion of Vedic studies.

 $V\bar{a}mana$ once heard that *Bali* was performing the *Asvamedha* sacrifice in *Bhrugukaccha* on the northern banks of River *Narmadā*. He walked towards the sacrificial place holding his tiny umbrella and staff in one hand and the *kamaṇḍalu* in the other. As he reached the entrance of the *yajña-sālā*, the sacrificial hall, the priests led by *Śukrācārya*, welcomed him. They were struck in awe at the effulgence on the face of the young boy. *Bali* greeted him with honours due to a *brāhmaṇa*. Expressing his joy at the arrival of the brahmin boy, *Bali* asked him what he could do for him. The king offered him many gifts in the form of houses, cattle and other wealth.

 $V\bar{a}mana$ smiled and replied that *Bali's* words reflected his character of truthfulness and generosity. He reminded him of the glories of his ancestors who were magnanimous and always fulfilled their promises. Glorifying *Bali* and his ancestors, $V\bar{a}mana$ asked *Bali* for three paces of land as measured by his feet. The Lord continued saying that by asking anything more than this, he would incur sin as that would mean exceeding his requirements. *Bali* promised to give the land measured by three footsteps.



II. Find Me

What is the boon that the young brahmin asked of King Bali? Identify and colour.



Vāmanāvatāra contd...

As Bali took his kamaṇḍalu to offer water in making a solemn vow to gift the promised land, his guru, Śukrācārya warned Bali that Vāmana was Lord Viṣṇu himself who had come to deprive Bali of everything that he had. Bali, having promised Vāmana, did not want to retract his promise and was ready to face the consequence. He politely rejected the advice of his guru. Śukrācārya became angry at Bali's disobedience and cursed him his downfall. Bali did not swerve from his promise and went ahead to gift the land sought by Vāmana.

All of a sudden, $V\bar{a}mana$ began to grow in size until he had covered the entire creation. Stunned at this phenomenon, *Bali* and others saw the cosmic form of the Lord in which the entire universe was contained. They saw the earth, the intermediary space, mountains, rivers, oceans and all living beings.

The Lord, with his first stride, measured the entire earth that belonged to *Bali*. As he took his second stride, he covered the region upto *Brahmaloka*, the abode of *Brahmā*. *Brahmā* and the other sages were joyous to see the approaching feet of the Lord. They washed his feet with water and worshipped them. The water that fell from the feet of the Lord flew in the heavens as *Mandākini* also known as $\bar{A}k\bar{a}sa$ *Gangā*. There was no more space left for the Lord to measure his third pace. He stood before Bali again as a Vāmana. Garuda, the divine Eagle, bound Bali with Varuņa-pāsa, cords of Varuņa, and held him as a prisoner before Vāmana.

The Lord pointed out to *Bali* that he had not fulfilled his promise as the third pace of land remained to be claimed by him. *Bali*, committed to his pledge, offered his head for the Lord, to place his third step. *Bali* added that the last step had truly turned out to be a blessing for him as the Lord had taken away his pride and arrogance. Pleased with him, the Lord released *Bali* from his bondage of worldly existence. The Lord praised him for his steadfastness to truth even at the time of losing his wealth by the Lord's first step; his honour, when he was bound by *Garuḍa*; his *guru*, when he cursed *Bali*; and the kinsmen, who abandoned him when he lost everything. The Lord blessed *Bali* to be the *Manu* in the following *Manvantara* known as *Sāvarņi*. *Bali* shed tears of joy and with gratitude, offered his salutations to the Lord.



III. Unscramble the words.

1. UGYON

The radiant Vāmana was _____.

2. BLURELMA

In one hand, Vāmana carried an

3. OLBW

In the other hand, Vāmana carried a _____

4. EUHG

Vāmana suddenly grew to be _____.

5. IBLA

Vāmana blessed King _____.

IV. Story Writing

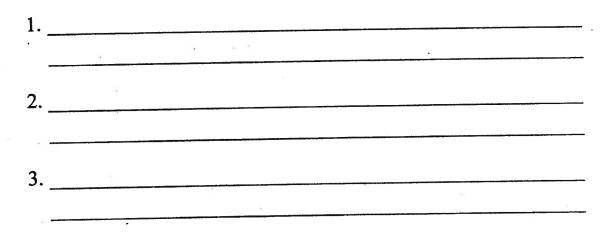
Complete this story by using sentences from below.

I.	1. Vāmana went to meet King Bali.				
	2				
	3. Bali wanted to give Vāmana many gifts.				
	4				
	5. But Vāmana only wanted three steps of land.				
	6				
	7. His first two steps covered the earth and heaven.				
	8				

Sentences to fill in:

i) The king offered $V\bar{a}mana$ horses, cattle & wealth. ii) $V\bar{a}mana$ grew in size and covered the earth. iii) The Lord kept his third step on king *Bali*'s head. iv) King *Bali* welcomed the young boy.

II. If you were given three boons what would you ask for and why?



<u>PARAŚURĀMĀVATĀRA</u>

Paraśurāma is held in the tradition as an incarnation of Lord Vis,nu, taken by the Lord for the purpose of punishing the unrighteous Haihaya rulers of the kṣatriya race. The kṣatriyas were supposed to protect the sattvic people. Instead, they killed Sage Jamadagni and derelicted from their duty.

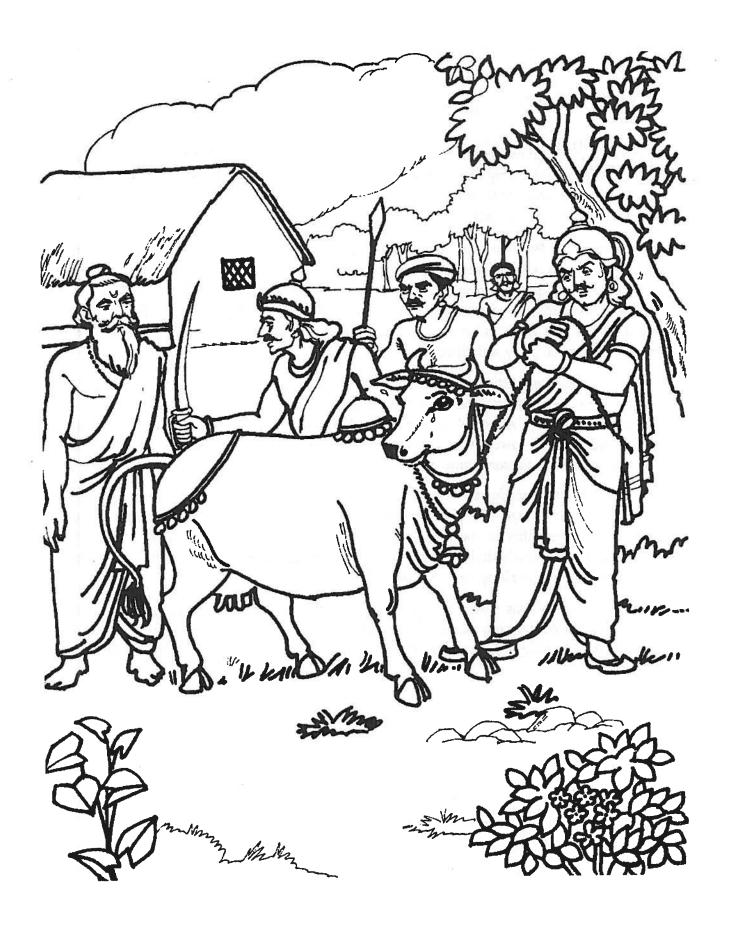
At the time of Paraśurāma, the youngest son of Sage Jamadagni and Reņukā, Kārtavīryārjuna was the ruler of the kingdom of Haihaya. Māhişmatī was his capital. He worshipped Lord Dattātreya and obtained many boons such as having one thousand arms and extraordinary powers including a capacity to assume an atom-like minute form, and a capacity to travel all over the three worlds just as wind. Kārtavīryārjuna thus enjoyed unrivalled glory and affluence.

Once, when he was sporting in the waters of River Narmadā, Kārtavīryārjuna playfully stopped the flow of the river with his thousand arms. This caused inundation of Ravana's military camp nearby. Annoyed, Ravana rushed to Kārtavīryārjuna and insulted him. But Kārtavīryārjuna's prowess was so great that he effortlessly caught hold of Ravana and kept him in custody for some time before letting him go.

One day, Kārtaviryārjuna went on a hunt. He happened to come across Sage Jamadagni's hermitage. The sage had a divine cow, Kāmadhenu, with whose grace, he extended all hospitality to the king and his army. Kārtavīryārjuna became extremely jealous of Jamadagni's divine possession, and desiring the same, he ordered his men to take away the cow. The king then returned to his capital.

Paraśurāma who was away at that time returned after a while, and heard of the unrighteous act of the king. Raging with anger, he took his axe and bow and rushed to Māhişmatī. Kārtavīryārjuna saw Paraśurāma entering the city with the fury of a lion.





I. Vowel Game

The printing machine is not printing the letters a, e, i, o, u properly. Fill in these alphabets correctly and complete this story.

$$K_ng \ K_rt_v_ry_rj_n_c_ld$$

$$b_c_m_ s \ sm_ll \ s_n \ t_m$$

$$_nd \ tr_v_l \ _ll \ v_r \ th_ w_rld.$$

$$H_ w_nt_d \ th_ \ d_v_n_ \ c_w.$$

$$B_t \ S_g_ \ J_m_d_gn_ \ w_ld$$

$$n_t \ g_v_ \ K_m \ dh_n \ .$$

$$S_ \ th_ \ k_ng \ _rd_r \ d$$

$$h_s \ m_n \ t_ \ t_k \ th_$$

80

Paraśurāmāvatāra contd...

He sent an army of seventeen *akṣauhiņis*, battalions to fight him. *Paraśurāma* destroyed all of them. *Kārtavīryārjuna* himself faced *Paraśurāma* with his bows and arrows. Making use of his thousand arms he sent a rain of arrows at *Paraśurāma*. After an intense battle, *Paraśurāma* chopped his arms and head with his axe, and retrieved the divine cow.

On his return, he narrated his heroic deed to his father Jamadagni. But the sage disapproved of his action. He told him that he had committed a grave mistake by killing the king, as patience and forgiveness alone were the *dharma* of a *brāhmaņa*. He added that in order to atone for his wrong action *Paraśurāma* should visit the holy places and bathe in the sacred rivers. *Paraśurāma* obeyed his father and went on a pilgrimage for one year.

The sons of $K\bar{a}rtav\bar{i}ry\bar{a}rjuna$ decided to avenge the death of their father. They had been waiting for an opportunity to visit the $\bar{a}srama$ deceitfully and kill Parasurāma's father when he was alone. One day, Parasurāma went to the forest with his brothers to collect twigs for the daily rituals. Kārtaviryārjuna's sons entered the hermitage when the sage was in meditation, cut off his head and fled with it. Hearing Renukā's loud cry, Parasurāma rushed back to the āsrama. In an outburst of grief at the death of his father and of indignation for the cruel act of Kārtavīryārjuna's sons, Parasurāma resolved to wipe out the kşatriya race from the earth for their adharmic actions.

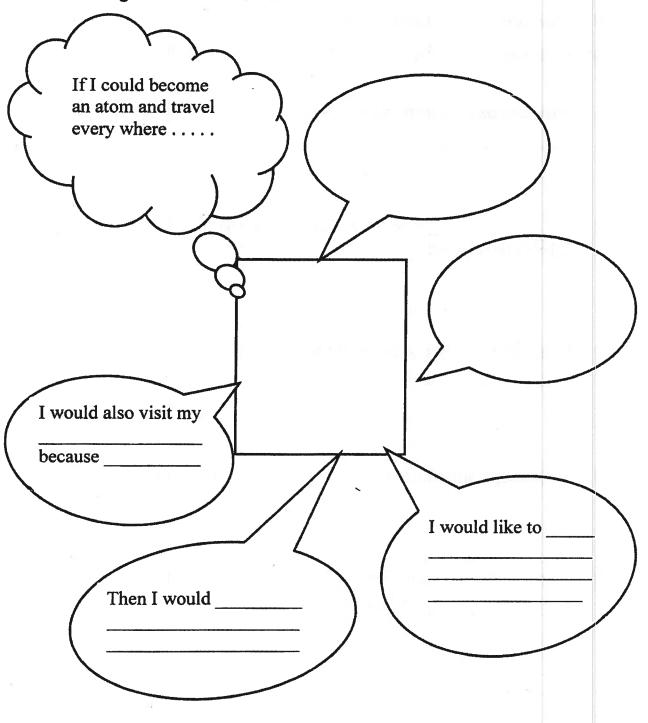
He went to $M\bar{a}hismat\bar{i}$ and killed all the sons of $K\bar{a}rtav\bar{i}ry\bar{a}rjuna$. Then going around the earth twentyone times, $Paraśur\bar{a}ma$ almost totally wiped out the ksatriya race. He, then, brought back the head of his father and joining it with his body, performed the last rites. Jamadagni, redeemed by the rituals of $Paraśur\bar{a}ma$, became one of the seven sages who eternally adorn the sky.

Paraśurāma finally went to Mount Mahendra where he spent the remaining part of his human life in austerities and penance.



II. My Thoughts

Draw your picture or stick your photo at the centre. Now complete these thought bubbles.



III. Fill in the blanks.

Complete the story by filling in the appropriate words.

Paraśurāma	Jamadagni	Re ņ $ukar{a}$	good
unrighteous	Kāmadhenu	Māhișmati	all

- 1. Paraśurāma was the son of Sage ______ and
- 2. $\underline{K\bar{a}rtav\bar{i}ry\bar{a}rjuna}$ was the capital city of King
- 3. King Kārtavīryārjuna stole the cow named

4. The king's sons killed _____'s father.

5. Paraśurāma destroyed ______ the ______the ______the

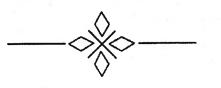
<u>RĀMĀVATĀRA</u>

Lord $R\bar{a}ma$ was born in the solar dynasty and was known as Raghukula Tilaka, the foremost among the descendants of Raghu.

Daśaratha, Raghu's grandson, ruled the kingdom of Kosala from the capital of Ayodhyā. He had three queens, Kausalyā, Sumitrā and Kaikeyi. But his heart was sorrowful as he had no progeny. He arranged to perform the putrakāmesti, a ritual for begetting children. All the devatās assembled at the yajña-śālā to receive their oblations in the yajña. Seeing that the time was opportune, they prayed to Lord Viṣṇu for relief from the harassments of Rāvaņa, the powerful rākṣasa king of Lankā. The Lord blessed them and assured them that he would be born as Daśaratha's son and would kill Rāvaṇa.

As the ritual was about to end, a divine being appeared from the fire altar with a pot of $p\bar{a}yasam$, sweetened rice with milk, and asked *Daśaratha* to distribute the $p\bar{a}yasam$ among his three queens. By the grace of the Lord, his queens gave birth to four princes who were named $R\bar{a}ma$, *Laksmana*, *Bharata* and *Śatrughna*. $R\bar{a}ma$ and *Bharata* were born to queens *Kausalyā* and *Kaikeyī* respectively, while *Laksmana* and *Śatrughna* were born to queen *Sumitrā*. $R\bar{a}ma$'s stature, gentleness coupled with courage and wisdom made him a young hero, loved by all in the kingdom. Even King *Daśaratha* was more fond of $R\bar{a}ma$ than his other sons, as $R\bar{a}ma$ was devoted to him and cared for him deeply.

One day, Sage Viśvāmitra came to Daśaratha's palace and asked the king to send $R\bar{a}ma$ with him to the forest. He needed $R\bar{a}ma's$ help in killing the demons that were interfering with the fire ritual being performed by the sage.



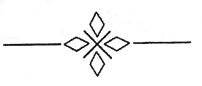


King Daśaratha being offered pāyasa

At first, Daśaratha was reluctant to send $R\bar{a}ma$ as he loved him very much and feared for his life. Sage Vasiṣṭha, confident of $R\bar{a}ma$'s skills and prowess, reassured him and the king sent $R\bar{a}ma$ with the sage alongwith Lakṣmaṇa. During their journey, the princes learnt archery and other disciplines of knowledge from the sage. Upon reaching Siddhāśrama, the sage's hermitage, $R\bar{a}ma$ and Lakṣmaṇa protected the sacrifice by killing the demons and carried the ritual through its completion.

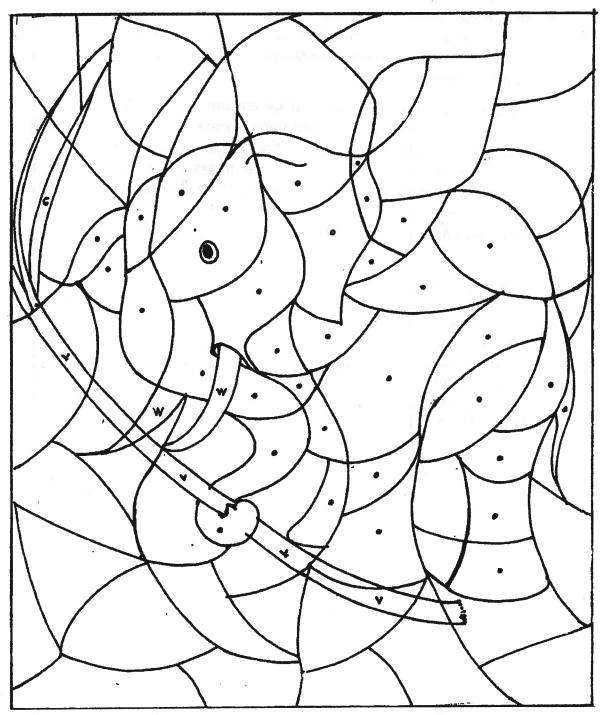
Pleased with the accomplishments of the young princes, Viśvāmitra took them to the assembly of King Janaka of Mithilā. He wanted the princes to see the bow of Lord Śiva which many great heroes had failed to even lift. King Janaka had offered his beautiful daughter, Princess $S\bar{i}t\bar{a}$, in marriage to anyone who would break the bow. $R\bar{a}ma$ effortlessly lifted the bow, strung it, and drawing the bow, broke it instantly. $R\bar{a}ma$, thus, won $S\bar{i}t\bar{a}$ in marriage. His brothers also married the princesses from Janaka's family. The princes along with their brides and Daśaratha returned to Ayodhyā and lived happily for a number of years.

As Daśaratha was becoming old, one day he decided to coronate $R\bar{a}ma$ as the yuvarājā, crown prince, with the consent of the elders. Everyone was happy to hear about it and began preparing for the coronation, which was to take place the following day. In the meanwhile, *Mantharā*, a servant-maid of *Kaikeyī*, planted the seeds of jealousy in *Kaikeyī*'s mind against *Kausalyā*, the senior queen. She suggested to *Kaikeyī* to encash her two boons which *Daśaratha* had once given her, by asking for *Rāma* to be sent to the forest for fourteen years and for coronating *Bharata* to the throne of *Ayodhyā*. *Kaikeyī*, influenced by *Mantharā*, did as she was told.



I. Jigsaw Puzzle

Colour the areas marked as per the colour-key given below. Now see what $T\bar{a}tak\bar{a}$ changed herself into?



Colour-key: Dots - grey, V - violet, G - green, W - white, and the rest as per your imagination.

Daśaratha was shocked at Kaikeyi's claim of the two boons, but bound as he was by his promise, he could not refuse Kaikeyi. Rāma honoured his father's words and left for the forest. As a true pativratā, a devoted wife, Sitā also accompanied Rāma. Rāma could not dissuade the persistent Laksmana who also decided to accompany them. Soon after, another tragedy struck the royal family when Daśaratha passed away in grief of separation from his beloved son.

Bharata who was in his maternal uncle's place all this time, was sent for by Sage Vasistha. Upon arriving in Ayodhyā, Bharata came to know of his mother's cruel deeds and his father's death which had been due to the grief of separation from $R\bar{a}ma$. He condemned her for her actions and disowned her as his mother. Performing his father's last rites, he decided to bring $R\bar{a}ma$ back to Ayodhyā and set out for Citrakūta where $R\bar{a}ma$ was staying.

Bharata met $R\bar{a}ma$ and pleaded with him to return, but $R\bar{a}ma$ stood firm on his commitment to keep his father's promise to Kaikeyi. Instead, he asked the reluctant Bharata to return to Ayodhyā and rule the kingdom. Bharata finally agreed to rule as a proxy for the fourteen year period of exile and installed $R\bar{a}ma$'s sandals on the throne as a symbol of his rule.

In the forest, $R\bar{a}ma$ visited many hermitages and earned the grace of the sages. He killed a number of $r\bar{a}ksas$ who harassed the sages in their life of asceticism, and thus gave them his protection.

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II. Find the qualities of Rāma (listed in Column A) in the word game. Look up, down and across.

Η	Ε	L	Р	F	U	L	С
U	F	0	Ε	R	С	0	L
Μ	Α	V	Α	I	Η	G	Е
В	В	Ι	С	E	Ε	Е	A
L	R	N	E	N	Ε	N	N
E	Ι	G	F	D	R	Т	D
I	F	Н	U	L	F	L	Α
0	Μ	L	L	Y	U	E	Α
K	I	Ν	D	Ε	L.	М	Н
Τ	R	U	Т	Η	F	U	L
Ε	S	Ι	W	R	R	Ι	D
D	Н	Α	R	Μ	Ι	С	н

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While they were staying in $Pa\tilde{n}cavati$ on the banks of River $God\bar{a}vari$, one day, a $r\bar{a}ksasi$ $S\bar{u}rpanakh\bar{a}$, arrived at the $\bar{a}srama$. She fell in love with $R\bar{a}ma$ and asked him to marry her. $R\bar{a}ma$ in humorous jest told her to go to Laksmana. Laksmana, too, joined his brother in the humour and directed her back to $R\bar{a}ma$ telling her that she would be a mere servant if she married him, since he was only $R\bar{a}ma$'s servant and that $R\bar{a}ma$ would like her better than $Sit\bar{a}$ who lacked beauty. Thus being sent back and forth, $S\bar{u}rpanakh\bar{a}$ lost her patience and seeing $Sit\bar{a}$ as the stumbling block in her marrying $R\bar{a}ma$, she furiously advanced towards her. Laksmana promptly took his sword and chopped off her nose and ears.

Angered by the humiliation, $S\bar{u}rpanakh\bar{a}$ went to her brother $R\bar{a}vana$ and pleaded with him to take revenge on the two brothers. She evoked in him a passion for $S\bar{i}t\bar{a}$ by describing her beauty to him and asked him to capture $S\bar{i}t\bar{a}$ and make her his wife. $R\bar{a}vana$ sought $M\bar{a}r\bar{i}ca's$ help, compelling him to take the form of a beautiful golden deer and attract $S\bar{i}t\bar{a}'s$ attention in $Pa\bar{n}cavat\bar{i}$. Transforming himself into a captivating golden deer, $M\bar{a}r\bar{i}ca$ wandered around the $\bar{a}srama$ playfully. Enchanted by the charming beauty of the animal, $S\bar{i}t\bar{a}$ called out to $R\bar{a}ma$ and Laksmana and asked them to capture the deer and bring it to her. Unable to resist her entreaties, $R\bar{a}ma$ went behind the deer, asking Laksmana to look after $S\bar{i}t\bar{a}$. After a long chase, $R\bar{a}ma$ sent an arrow at his target. As the arrow pierced the animal, simulating the voice of $R\bar{a}ma$, it cried out for help and fell dead.

 $S\bar{i}t\bar{a}$ heard the cries and fearing for $R\bar{a}ma$'s life, she appealed to Laksmana to go and help $R\bar{a}ma$. Laksmana sensed danger for $S\bar{i}t\bar{a}$ and refused to leave her alone. $S\bar{i}t\bar{a}$'s fears turned into anger against Laksmana. She assailed him of bad character and ascribed ulterior motives of his desire to marry her. Laksmana reluctantly left her. Seeing $S\bar{i}t\bar{a}$ alone, $R\bar{a}vana$ approached her in the guise of a monk and kidnapped her. Overpowering Jatāyu, an eagle bird, who resisted him on his flight, $R\bar{a}vana$ reached Lankā and kept $S\bar{i}t\bar{a}$ in the Asokavana, the royal grove, closely guarded by a number of $r\bar{a}ksas\bar{i}s$.



۰. .



Rāvaņa kidnaps Sitā

After killing $M\bar{a}r\bar{i}ca$, $R\bar{a}ma$ hurried towards the $\bar{a}srama$ where on the way he met Laksmana running towards him. As they reached the $\bar{a}srama$, they saw the $\bar{a}srama$ empty, confirming their fears. $R\bar{a}ma$ wept bitterly and ran all over searching for $S\bar{i}t\bar{a}$. Laksmana tried to console him and calm him down.

After a long search in the forest, they came across the $v\bar{a}nara$ chief Sugriva, who was living in exile in the $Rsyam\bar{u}ka$ hill. Sugriva's elder brother, $V\bar{a}li$ had usurped his wife $Rum\bar{a}$ besides exiling him. $R\bar{a}ma$ and Sugriva struck a bond of friendship. $R\bar{a}ma$ promised Sugriva that he would help him to get rid of $V\bar{a}li$ and gain back his wife and the kingdom of Kişkindhā. Sugriva, in turn, promised all assistance to $R\bar{a}ma$ in his efforts to find Sita.

Confident of $R\bar{a}ma$'s prowess and valour, Sugriva challenged $V\bar{a}li$ to a fight. In the encounter that took place between the two brothers, $R\bar{a}ma$ sent an arrow at $V\bar{a}li$ and killed him. Arranging to perform the obsequies of $V\bar{a}li$, $R\bar{a}ma$ coronated Sugriva as the king of Kişkindhā. Angada, son of $V\bar{a}li$, was appointed the crown prince.

Sugriva, on his part, sent his vānaras in all the four directions to search for $Sit\bar{a}$. Hanumān, the most powerful and wise minister of Sugriva, went towards the south. Guided by Sampāti, brother of Jaţāyu, Hanumān crossed the ocean and reached Lankā. After a long search, Hanumān discovered Sitā in the Aśokavana. Giving her the signet ring of Rāma, Hanumān assured her that Rāma would soon return with the vānara army and destroying Rāvaņa in a battle, would relieve her of her sufferings.

III. Mark it with an X.

Mark the "odd one out" (the one that does not belong in the group). Group 1

793	· · · · · · · · · · · · · · · · · · ·	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Rāma	Sītā	Daśaratha
Janaka	Maṇḍodarī	
Group 2		
Rāvaņa	Sugrīva	Kumbhakarṇa
Vibhīṣana	Śūrpaṇakhā	
Group 3	da la companya da companya	al Canada de Calendaria. No Canada de Calendaria
Sugrīva	Angada	Guha
Hanumān	Vāli	
Group 4	- 22	20 20 20 20
Lakṣmaṇa	Bharata	Śatrughna
Kaikeyī	Rāma	
Crown 5		
Group 5		
Manthar $ar{a}$	Daśaratha	Sumitrā
Kaikeyi	Kausalyā	

After taking leave of $S\bar{i}t\bar{a}$, Hanumān was ready for his return journey when he thought of doing something that would give him a first hand information about $R\bar{a}vana's$ army strength as well as instill confidence in $S\bar{i}t\bar{a}$ regarding the strength of the $v\bar{a}nara$ army of $R\bar{a}ma$. He instigated a fight with the $r\bar{a}ksasas$ by destroying the beautiful royal grove, Asokavana. Killing many $r\bar{a}ksasas$ in the fight that ensued, he encountered $R\bar{a}vana's$ son, Indrajit and was bound by Indrajit's Brahmāstra. When the $r\bar{a}ksasas$ tied him with other materials, the divine astra lost its power and Hanumān became free. However, welcoming the opportunity to have an audience with $R\bar{a}vana$, Hanumān allowed himself to be dragged to $R\bar{a}vana's$ court.

Hanumān boldly asked Rāvaņa to return Sitā and ask for Rāma's forgiveness or face the dire consequences in the battlefield. Angered by Hanumān's bold statements, Rāvaņa punished him by setting his tail on fire. Hearing about the punishment, Sitā prayed to Lord Agni with whose grace, Hanumān remained unaffected by the heat and flames. Hanumān burnt the entire city of Lankā with the fire on his tail. Having accomplished his selfappointed task, Hanumān then put out the fire by dipping his tail in the sea and returning to Rāma, reported the happy news of Sitā's discovery.

 $R\bar{a}ma$ was not anxious to cross the ocean with a huge army and reach Lankā. Sugriva encouraged him with words of support and they marched towards the ocean. Soon they reached the foot of Mount Mahendra and Rāma ascended the peak and surveyed the vast expanse of the sea.

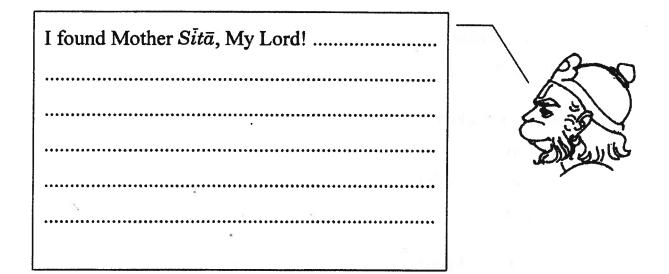
IV. Delete

Cut out the wrong answers:

- 1. After taking leave of Sitā, Hanumān wanted to
 - a) run away
 - b) meet Rāvaņa
 - c) stay at Aśokavana
- 2. Hanumān wanted to teach $R\bar{a}vana$
 - a) how to sing
 - b) how to leap in the air
 - c) a lesson
- 3. When Hanumān destroyed Aśokavana, Rāvaņa was
 - a) jumping with joy
 - b) very angry
 - c) shedding tears
- 4. Indrajit tied up Hanumān with
 - a) thorny creepers
 - b) big iron chain
 - c) the Brahmāstra
- 5. The rāksasas dragged Hanumān to
 - a) the beach
 - b) Rāvaņa's court
 - c) a swimming pool

V. What do I say?

Write in your own words a dialogue between $Hanum\bar{a}n$, and $R\bar{a}ma$ in the speech bubbles provided.





O Hanumān! How happy am I to				
•••••		*****	······································	
		•••••	••••••	
•••••				
н 			*****	

At Lankā, Rāvaņa, shaken by the havoc caused by a mere monkey, called his council of ministers to discuss the future course of action. While every one in the court spoke in support of Rāvaņa, Vibhiṣaṇa, the virtuous brother of Rāvaṇa, argued for Sītā's return. Annoyed with Vibhiṣaṇa, Rāvaṇa hurled harsh words at him. Seeing that he no longer had a role in Lankā, Vibhiṣaṇa crossed the sea and sought refuge in Rāma. In keeping with his principle of accepting anyone who came to him, Rāma embraced Vibhiṣaṇa lovingly.

Soon a bridge was built across the ocean with the help of the $v\bar{a}naras$ and the entire army crossed over to $Lank\bar{a}$. $R\bar{a}ma$ sent Angada on a peace mission to $R\bar{a}vana$. But $R\bar{a}vana$, refused to return $S\bar{i}t\bar{a}$ and the war was declared.

In the fight, many great warriors of $R\bar{a}vana's$ army such as $Jambum\bar{a}l\bar{i}$, Prahasta, Atikāya, Triśiras, Kumbha and Nikumbha were killed by the $v\bar{a}nara$ chiefs. Kumbhakarna, $R\bar{a}vana's$ brother was killed by $R\bar{a}ma$, while Lakşmana with the help of Vibhīşana, killed Indrajit. Finally, a great battle ensued between $R\bar{a}ma$ and $R\bar{a}vana$. Both sent powerful astras at each other and one was countered by the other with more powerful weapons. Many celestial beings witnessed the battle from the sky. At the end, $R\bar{a}ma$ invoked Lord Brahmā and sent his Brahmāstra piercing Rāvana's chest and Rāvana fell dead. There was rejoice in all the three worlds. Rāma crowned Vibhīşana as the king of Lankā. Establishing Sītā's purity through a fire test, Rāma reunited with Sītā, and returned to Ayodhyā.

Bharata was rejoiced to see $R\bar{a}ma$ back at Ayodhy \bar{a} on the completion of the fourteenth year. He asked $R\bar{a}ma$ to wear his sandals again and $R\bar{a}ma$ was coronated the king of Ayodhy \bar{a} with Bharata as crown prince.

 $R\bar{a}ma$ ruled Ayodhy \bar{a} for many years. There was justice everywhere and people had no fear of adharma. It was an ideal kingdom ruled by an ideal king, Lord $R\bar{a}ma$. Having achieved the purpose of his incarnation, Lord $R\bar{a}ma$ returned to his abode at the end of his rule.

97

KŖṢŅĀVATĀRA

Lord K_{rsna} was born in the lunar dynasty in which Yadu, the son of $Yay\bar{a}ti$, was a great king. K_{rsna} was called Yadukula Tilaka, as he was the foremost among the $Y\bar{a}davas$, the descendants of Yadu.

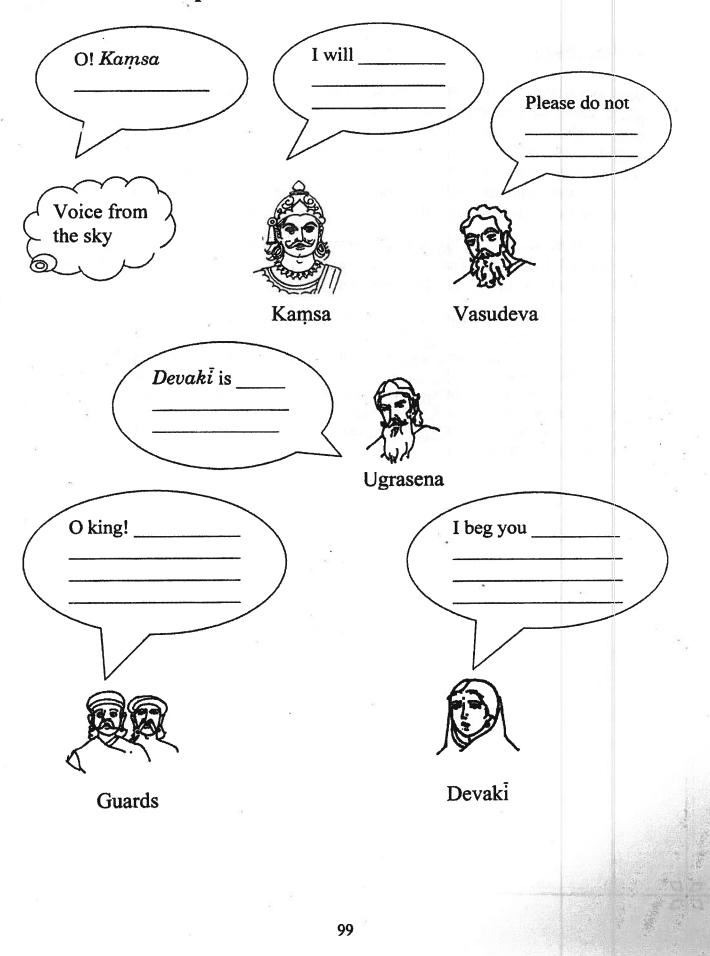
 $S\bar{u}ra$ was one of the chief rulers of the $Y\bar{a}davas$. He ruled the kingdom of Mathur \bar{a} and $S\bar{u}rasena$. He had a son named Vasudeva who married Devaki, the daughter of Devaka, Ugrasena's brother.

After the wedding, Vasudeva was returning to his palace with Devaki, in a chariot driven by Kamsa, Ugrasena's son. At that time, a voice from the heaven addressed Kamsa and declared that the eighth child of Devaki would be the cause of his death. Fear gripped him and in an anxiety to protect himself, Kamsa stopped the chariot and seizing Devaki by her hair, raised his sword to kill her. Vasudeva, pleaded for her life reminding him that Devakiwas indeed his sister and a newly wedded bride. When Kamsa still saw no good reason to spare her, Vasudeva offered to hand over the babies to him as soon as they were born. Kamsa had trust in Vasudeva's words and spared Devaki's life.

In due course of time, the first baby was born and Vasudeva offered the child to Kamsa. Kamsa, pleased with Vasudeva's honesty, returned the child as only the eighth one was to be his enemy. In the meanwhile, Sage Nārada, who always had a noble purpose behind his seemingly unpleasant acts, went to Kamsa and warned him that the cowherds of Gokula and the relatives of Vasudeva were all manifestations of the Lord and thus instilled fear in him from all the children of Devaki. Kamsa immediately imprisoned Vasudeva and Devaki, and killed all their sons as and when they were born. He also put his own father Ugrasena in jail and proclaiming himself the ruler of Mathurā, went about destroying the Yādavas.



I. Fill in these speech bubbles.



Krsnāvatāra contd...

When the seventh child was to be born to $Devak\bar{i}$, the Lord with his $yogam\bar{a}y\bar{a}$, creative power, transferred the embryo from $Devak\bar{i}$ to $Rohin\bar{i}$, another wife of Vasudeva who was living in Gokula. The child born to $Rohin\bar{i}$ was named Balarāma. The guards in the prison reported to Kamsa the abortion of the seventh child. When $Devak\bar{i}$ conceived the eighth child, her form shone with all lustre. Kamsa knew that the Lord had entered $Devak\bar{i}$'s womb. He was prompted to kill her at once. But the fear of incurring the sin of killing a pregnant woman restrained him and Kamsa waited for the Lord to be born.

That night there was thunder, lightning and a heavy down pour of rains. At midnight, Krsna was born in the dark cell. The Lord instructed Vasudeva that he should be taken to Nandagopa's house in Gokula. Vasudeva's shackles automatically got loosened.

Placing baby K_{rsna} in a basket, Vasudeva proceeded to go to Gokula. As he carried the baby and left the prison cell, the gates opened and the guards fell asleep. The serpent king, $\bar{A}disesa$, held his hooded head as an umbrella protecting the Lord from the wind and rains. The $Yamun\bar{a}$, which was in spate, offered a passage for Vasudeva to cross over. Vasudeva reached the house of Nandagopa in Gokula and placing his son by the side of the sleeping $Yasod\bar{a}$, wife of Nandagopa, carried her newly born baby back to the prison cell in $Mathur\bar{a}$. As Vasudeva crossed each gate, the gates closed automatically and he was in shackles as before.



II. Match the magical events.

1) The guards

a) suddenly opened

b) parted to make a path

- 2) The chains on Vasudeva's hands and feet
- 3) The prison doors
- 4) The serpent Adisesa
- 5) The river waters
- 6) Every one at Gokula

- c) slept soundly
- d) became unconscious
- e) held its hood up
- f) fell off





Vasudeva carrying Kṛṣṇa to Gokula 🔬

Krsnāvatāra contd...

As soon as Kamsa came to know that the eighth child was born to $Devak\bar{i}$, he rushed to the prison cell. Despite $Devak\bar{i}$'s fervent prayers to spare the life of her daughter, Kamsa picked the child to kill her when the baby flew off his hand taking the form of Goddess $Durg\bar{a}$ and warned him that his enemy had already taken birth and killing $Devak\bar{i}$'s children any more would only be in vain. Saying this, she vanished.

The miracle of the baby flying off his hand and the words of the Goddess created a deep impact on *Kannsa* and his attitude towards *Devaki* and *Vasudeva* changed. He released them and sought forgiveness for his wrong actions. But upon reaching the palace, *Kannsa* was counselled by his ministers to destroy all the children less than one year old and *Kannsa* promptly ordered for the killing of the babies.

In Gokula, Yaśodā did not know whether she had conceived a male or a female baby as they had all been overpowered by sleep soon after the baby's birth. After Vasudeva left, they woke up and discovered that a son had been born to Yaśodā. Nanda performed the jātakarma, the birth ceremony and gave away a lot of wealth in charity. The entire village celebrated the birth of Krsna.

On the advice of Kamsa; the demoness $P\bar{u}tan\bar{a}$ was sent to the village of the cowherds to kill all the infants less than one year old. $P\bar{u}tan\bar{a}$ came to Gokula and won the hearts of the gopis by the beautiful form she had assumed. She entered Nandagopa's house and saw the baby in the cradle. Seeing no one around, she took the baby on her lap and suckled him with her breasts that were smeared with poison. The Lord sucked her life through the breast and assuming her original form, $P\bar{u}tan\bar{a}$ fell dead.

Krsnāvatāra contd...

Rohini and Yaśodā saw the frightening scene of the huge monstress lying dead and Krsna playing on her bosom. They purified the baby with rituals and prayers to ward off any evil effect of the demoness on the baby and thanked the Lord for saving the baby's life.

Once when K_{rsna} was about one year old, a demon named T_{rna} varta came in the form of a dust storm and carried K_{rsna} away to the sky. The demon had been sent by Kamsa. Suddenly, T_{rna} varta felt that he could not carry K_{rsna} any further as K_{rsna} 's weight had tremendously increased. He assumed his original form when K_{rsna} catching hold of his throat, killed him. The demon fell dead and the storm abated. No one could understand what happened in the fury of the storm. But everyone was overjoyed to find K_{rsna} amidst them again and they did not care any more about how the *asura* got killed.

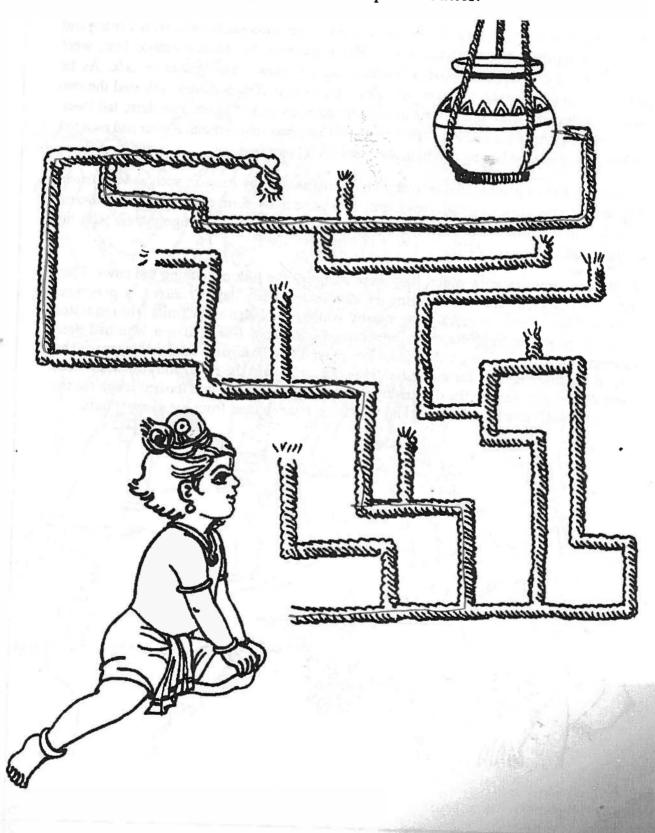
 K_{rsna} and $Balar\bar{a}ma$ delighted everyone in Gokula through their games and pranks. K_{rsna} would tease the gopis by stealing the curds and butter from their homes. Yaśodā could never scold K_{rsna} as he would always plead ignorance. Captivated by a mere smile of the mischievous K_{rsna} , the gopis too would forget their anger.

One day K_{rsna} was playing with other children when $Balar\bar{a}ma$ came running to $Ya\acute{s}od\bar{a}$ and told her that K_{rsna} had put a handful of mud into his mouth. $Ya\acute{s}od\bar{a}$ rushed to her child's rescue, but K_{rsna} denied that he had eaten any mud, and accused others of telling a lie. $Ya\acute{s}od\bar{a}$ asked him to open his mouth and when he did, she saw the entire universe in him. She also saw in him Gokula as well as herself looking into K_{rsna} 's mouth. She realised that K_{rsna} was not just a child but the Lord himself. She could not believe her eyes and wondered whether the experience was a dream or real. K_{rsna} as her son.



III. Help Me

Help Kṛṣṇa climb the rope to reach the pot of butter.



Krsnāvatāra contd...

Tired of K_{rsna} 's pranks, $Yaśod\bar{a}$ one day tied K_{rsna} to a wooden mortar with a string and went to complete her household chores. K_{rsna} drawing the mortar behind him, went towards the courtyard and crawled between two tall trees standing side by side. As he pulled the mortar further, the trees fell with a loud crash. K_{rsna} thereby released the two yaksas, celestials, who in their previous birth had been cursed to become those tall trees. Upon hearing the noise $Yaśod\bar{a}$ rushed to the site and was relieved that K_{rsna} had escaped unhurt. She regretted having tied him, and instantly let him free.

As a child, K_{rsna} playfully killed many more *asuras*, sent by Kamsa, such as Vatsasura, who came in the guise of a calf, Bakasura, who came in the form of heron, and Aghasura, who lay on the path of K_{rsna} and his playmates in the form of a huge python with his mouth open.

As the two brothers grew older, they were assigned the task of tending the cows. They took the cows out daily for grazing in $V_{rnd\bar{a}vana}$. One day, $Srid\bar{a}ma$, a playmate, informed K_{rsna} of a palmyra grove nearby which was laden with fruits. He requested K_{rsna} to get some fruits for them, but warned him about *Dhenukāsura* who had been haunting the grove in the guise of a donkey. K_{rsna} and *Balarāma* entered the grove and started shaking the trees for the fruits. *Dhenukāsura* heard the noise and rushed towards them. *Balarāma*, seizing the donkey by its front legs whirled it and dashed it against the trees. *Dhenukāsura* thus fell dead and the grove was released from the asura's hold.

IV. Find and colour Kṛṣṇa as he plays with his friends.



Krsnāvatāra contd...

 K_{rsna} with his playmates and the cows then reached the banks of $Yamun\bar{a}$, also known as $K\bar{a}lindi$. Feeling thirsty, the cows and cowherds drank the waters of a lake on the bed of $Yamun\bar{a}$ when they instantly fell dead. K_{rsna} revived them and ascertaining the cause, found out that the waters had become poisonous due to the black serpent $K\bar{a}liya$ who had inhabited the lake.

He jumped into the lake from the top of a kadamba tree on the bank. $K\bar{a}liya$ surfaced and catching hold of K_{rsna} , coiled around him. Nanda, Yaśodā with Rohini and other cowherds, rushed to the bank of Yamunā in search of K_{rsna} . Seeing K_{rsna} in the serpent's grip they were frightened and prayed for his safety. K_{rsna} expanded his body and released himself from Kāliya's hold. After tiring Kāliya with his tricks, he leapt on the broad hoods of the serpent and danced. Kāliya's wives prayed for the serpent's life. K_{rsna} spared $K\bar{a}liya$, but told him to live in the isolated island of Ramanaka in the ocean. K_{rsna} then came out of the lake and everyone felt relieved to see him unscathed. Embracing him with joy, they all returned to $V_{rn}d\bar{a}vana$.

Once the cowherds were preparing for their annual worship of *Indra*, the deity of rains, when *Krṣṇa* asked them to divert all oblations meant for *Indra* to the worship of *Govardhana* mountain, the brahmins and the cows. Proud of his position, *Indra* felt insulted by this gesture of *Krṣṇa*. He commanded the *samvartaka* clouds to bring about torrential rains in *Vrndāvana*. *Krṣṇa*, who was then tending the cows with his playmates, lifted the *Govardhana* mountain and held it on his hand for seven days and protected all of them. Amazed at *Krṣṇa's* feat, and ashamed of himself, *Indra* stopped the rains. Falling at *Krṣṇa's* feet he sought his forgiveness and praised him as *Govinda*, the protector of the universe.



V. Spot the differences.

Spot at least six differences in these two pictures and circle them with different colours.



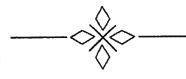
Kṛṣṇāvatāra contd...

The gopis had been anxiously awaiting the arrival of autumn, when K_{rsna} had promised to play $r\bar{a}sakr\bar{i}d\bar{a}$ with them. The autumn finally set in. On a moonlit night, K_{rsna} went to the banks of $Yamun\bar{a}$ in $V_{rnd\bar{a}vana}$, and started playing his flute. All the gopis rushed to him leaving their household chores unfinished and even unmindful of their appearance. K_{rsna} appeared as many and danced and played with every gopi. Whenever the gopis became conscious of themselves and their beauty, K_{rsna} would disappear. Grieving over the pangs of separation, they would long for him and pray that he might appear again. K_{rsna} would then appear before them and comfort them with his love. The long night thus came to an end and K_{rsna} sent the unwilling gopis back to their homes.

In Mathurā, Sage Nārada once visited Kamsa and revealed to him the secrets of Krsna's birth. He informed him that Krsna was the eighth son of Devaki, who was being raised by Nanda and Yaśodā. Infuriated upon knowing this, he again put Devaki and Vasudeva in chains. He sent in vain Keśi, a demon, to slay Krsna.

Kamsa then summoned his ministers, wrestlers and elephant-keepers, and planned another strategy. He decided to perform a *dhanur-yāga* and organised a wrestling tournament in public as part of the celebrations. He planned to invite Kṛṣṇa and Balarāma and told the chief elephant-keeper to have Kuvalayāpida, the mighty elephant, crush the brothers to death when they entered the wrestling grounds. If this failed, he arranged for Cāṇūra and Musțika to kill them in a wrestling game.

Kamsa then called $Akr\bar{u}ra$, a relative of Vasudeva, to go to Nanda's place and invite Krsna and $Balar\bar{a}ma$ to $Mathur\bar{a}$ for the $dhanur-y\bar{a}ga$. $Akr\bar{u}ra$ was pleased to meet Krsna and invited him to $Mathur\bar{a}$ for the function. The gopis and cowherds could not bear the separation from Krsna. Leaving every one grieving, Krsna mounted the chariot with his brother and left for $Mathur\bar{a}$.



VI. Write out an invitation from King Kamsa to Nandagopa.

C	
1	Dear Chief,
	I am glad to
	for a
	We will also have
	Do come with your sons
	and
1	The matches will be held at
-	
	(Sign)
/	(Place)

VI. Write out an invitation from King Kamsa to Nandagopa.

Q	
	Dear Chief,
12	I am glad to
	for a
	We will also have
	Do come with your sons
Г	The matches will be held at
	(Sign)
/	(Place)

Krsnāvatāra contd...

Upon reaching Mathurā, the brothers alighted from the chariot and walked in the streets. Fcrcing their way into the sacrificial hall of Kamsa, Kṛṣṇa effortlessly broke the huge bow kept for worship. At the entrance to the wrestling grounds, Kṛṣṇa saw Kuvalayapīḍa. Catching hold of the elephant by its trunk, he hurled it on the ground. Cāṇūra and Muṣṭika met their ends in the hands of Kṛṣṇa and Balarāma respectively in a wrestling game. Seeing his renowned wrestlers fall, Kamsa insulted Kṛṣṇa. Kṛṣṇa got annoyed and dragging Kamsa down from the throne threw him hard on the ground. Dropping his body weight on Kamsa, Kṛṣṇa crushed him to death.

 $K_{rs,na}$ then hurried to his parents Devaki and Vasudeva, and freed them. He also released Ugrasena from the prison and made him the king of $Mathur\bar{a}$.

With the help of Sage Garga, Vasudeva then performed the upanayana-samskāra for Krsna and Balarāma. The brothers went to the gurukula and studied at the feet of Guru Sāndīpani at Ujjain. After completion of their studies, they returned to Mathurā and spent a lot of time with Devaki and Vasudeva listening to all the happenings in their families during the time they were growing up in Gokula. Vasudeva narrated the story of his sister Kuntī as follows:

Kunti had married $P\bar{a}ndu$ and had five children called $P\bar{a}nduas$. $P\bar{a}ndus$ brother *Dhrtarāstra* had one hundred sons of whom *Duryodhana* was the eldest. After $P\bar{a}ndus$ death in the forest, *Kunti* had returned to *Hastināpura* with her five sons. As the princes were young, *Dhrtarāstra* had become the ruler of *Hastināpura*. *Duryodhana*, due to his jealousy towards the $P\bar{a}ndavas$, was ill-treating them.

VII. Complete the answer.

Complete these answers by choosing the right options from below:

1. Why was Kamsa worried?

Kamsa was worried _____

2. What did Mustika call Krsna for?

Mustika called Krsna for _____

3. What did Krsna do after pulling Kamsa down by his hair?

After pulling Kamsa down by his hair _____

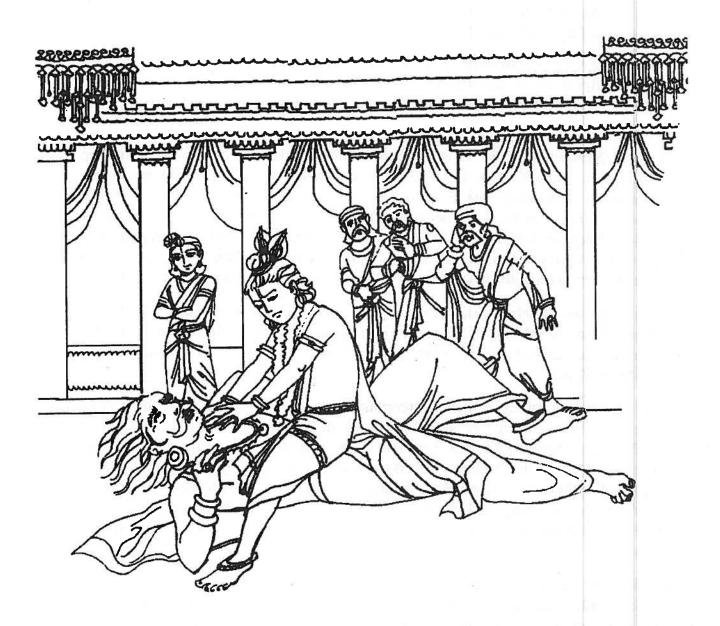
4. Why were the people of $Mathur\bar{a}$ happy to see Kamsa dead?

The people were happy to see Kamsa dead _____

5. Why did Krsna rush to prison?

Krsna rushed to the prison _____

- i) to free Devaki and Vasudeva.
- ii) because Krsna had broken the mighty bow.
- iii)because he was a cruel King.
- iv) a wrestling match.
- v) Krsna killed Kamsa.



Kṛṣṇa Kills Kaṃsa 114

Kṛṣṇāvatāra contd...

Thus recounting the story, Vasudeva asked K_{rsna} to help Kunti, his aunt, and bring joy in her life. K_{rsna} sent Akrūra to Hastināpura to get information regarding the goings on there. He also sent a message to Nanda and others through Uddhava, to relieve them of their agony of separation from him.

In the meanwhile, $Jar\bar{a}sandha$, Kamsa's father-in-law, had begun to repeatedly attack *Mathurā*. Krsna asked *Viśvakarmā* to construct a new city called $Dv\bar{a}rak\bar{a}$. He shifted every one to $Dv\bar{a}rak\bar{a}$ and becoming the ruler of $Dv\bar{a}rak\bar{a}$, protected the lives of the people.

While in $Dv\bar{a}rak\bar{a}$, he received a message from Rukmini, daughter of Bhismaka, the king of Vidarbha, asking Krsna to marry her. She conveyed to Krsna that her brother Rukmi had arranged her marriage with $Sisup\bar{a}la$, the king of Cedi much against her wishes and prayed that Krsna come and take her away. Krsna took away Rukmini from the temple of Goddess $P\bar{a}rvati$ on the morning of the marriage when she went there for worship and then married her. A son was born to them and was named Pradyumna. When Pradyumna came of age, he married Rukmavati, the daughter of Rukmi, and they had a son named Aniruddha.

Once Krsna was falsely accused of stealing the Symantaka gem, the gem of prosperity. The jewel was owned by Satrājit of the Yādava clan. With great effort, Krsna retrieved the jewel and restored it to Satrājit, who in turn gave his daughter Satyabhāmā in marriage to Krsna.

After Arjuna had won Draupadi in a svayamvara, the $P\bar{a}ndavas$ were in the forest living in a potter's house. During that time, Krṣṇa went and met his cousins for the first time. A friendship grew between Kṛṣṇa and Arjuna. Kṛṣṇa promised to be with the five brothers through all their troubles. He then returned to $Dv\bar{a}rak\bar{a}$. At that time, Indra asked Kṛṣṇa's help in killing the demon Narakāsura, the son of Mother Earth. Narakāsura lived in a city called $Pr\bar{a}gjyotiṣa$. Kṛṣṇa killed him in a fight with his Sudarśana disc. Kṛṣṇa also chastened Bāṇāsura, the son of Bali and Bāṇāsura gave his daughter Uṣā in marriage to Aniruddha.

Yudhisthira the eldest of the $P\bar{a}ndavas$ and the king of Indraprastha, once arranged to perform a $R\bar{a}jas\bar{u}ya$ sacrifice. Krsna went to Indraprastha to participate in the sacrifice. The $R\bar{a}jas\bar{u}ya$ could only be performed when one had conquered all the kings. Jarāsandha, the king of Magadha, was the only one who refused to surrender. Bhīma, Arjuna and Krsna went to Magadha to fight Jarāsandha and defeat him. Bhīma and Jarāsandha fought a long battle of wrestling. Finally, with Krsna's guidance, Bhīma felled Jarāsandha to the ground and killed him.

Kṛṣṇāvatāra contd...

Yudhisthira invited all the kings for the $R\bar{a}jas\bar{u}ya\cdot y\bar{a}ga$. In the assembly, he gave the place of honour to Krsna and worshipped him as stipulated for the function. $Sisup\bar{a}la$ did not approve of this gesture and verbally abused Krsna for a long time. When $Sisup\bar{a}la$ did not relent, Krsna used his disc and severed his head. Thus getting rid of unwanted and destructive forces, the $y\bar{a}ga$ was performed and completed in a grand manner.

After spending some time with his cousins in Indraprastha, Kṛṣṇa returned to Dvārakā. One day Sudāmā, Kṛṣṇa's gurukula friend prompted by his wife, came to Kṛṣṇa to seek his help in being relieved of his poverty. Joyous upon seeing his friend after many years, Kṛṣṇa greeted him with a warm embrace. He recounted the experiences of their gurukula days, and revived their bond of friendship. Sudāmā had brought for Kṛṣṇa a handful of flattened rice which Kṛṣṇa readily ate with pleasure. Kṛṣṇa extended all hospitality to Sudāmā for his stay. Overwhelmed with Kṛṣṇa's love and affection, Sudāmā returned home without asking for any help. Upon reaching his place, he saw a mansion in the place of his thatched house. His wife dressed in silk garments and adorned with gold ornaments looked very beautiful. Sudāmā felt grateful for the blessing showered upon them and enjoyed the wealth and prosperity with humility and devotion.



VIII.Matching

Identify the relationships by drawing lines to connect the words.

RELATED	HOW?
TO WHOM?	
Kṛṣṇa	Brother
Kaṃsa	Friend
Nanda	Sister
Sudāmā	First cousin
Arjuna	Wife
Vasudeva	Sister
Kŗṣṇa	Father
	TO WHOM?KṛṣṇaKaṃsaNandaSudāmāSudāmāArjunaVasudeva

Krsnāvatāra contd...

0

In Hastināpura, the Pandavas having lost everything in a game of dice with Duryodhana were exiled to the forest for thirteen years. After the thirteen long years of exile was over, the Pandavas returned and asked for their share of kingdom. Duryodhana refused to return the kingdom. Krṣṇa went on a peace mission to Hastināpura but failed and the two armies assembled at Kurukṣetra. Kṛṣṇa was driving Arjuna's chariot. When the war was about to begin, to the surprise and dismay of all, Arjuna refused to fight. He felt confused about his dharma towards his teachers and relatives for whom he had love and regard. With dispassion in his heart for the kingdom, he surrendered to Kṛṣṇa and asked him to teach him that knowledge which would give him the ultimate goal of life. Kṛṣṇa gave him the teachings of sānkhya, self-knowledge and yoga, the means that would help Arjuna acquire the proper disposition of mind for gaining the knowledge. These words of Kṛṣṇa are known as the Bhagavad Gitā. Cleared of his doubts and vagueness, Arjuna fought the war and the Paṇdavas won.

With the Mahābhārata war, Kṛṣṇa's mission on earth ended. He returned to $Dv\bar{a}rak\bar{a}$ and prepared for his final departure. Balarāma, too, returned to $Dv\bar{a}rak\bar{a}$ after his pilgrimage which he had undertaken during the war. He decided to give up his life through yoga. Kṛṣṇa went to Prabhāsa-tirtha with the Yādavas. In Prabhāsa, the Yādavas, intoxicated with drinks, fought among themselves and killed each other, wiping out the entire clan of Yādavas. Witnessing the scene of destruction, Kṛṣṇa walked out, and proceeding alone in the forest, sat under an aśvattha tree. A hunter, seeing Kṛṣṇa's yellow silken cloth and mistaking him for a deer, sent an arrow and fatally hurt Kṛṣṇa on his feet. Kṛṣṇa left the mortal world and entered his divine existence.



BUDDHĀVATĀRA

King Śuddhodana of the solar race was ruling the Śākyas from the city of Kapilavāstu. His queen was Mahāmāyā. A son was born to them who was named Siddhārtha. Sage Asīta came to the palace and prophecied that the prince would give up the kingdom and strive for freedom from the sufferings of worldly existence. Eager to see that his son does not renounce the kingdom, the king married him to a beautiful princess Yaśodharā, daughter of Suprabuddha. The king made deliberate attempts to keep away any unpleasant situation from Siddhārtha in order that it may not perturb his mind and kindle spiritual thoughts. He built beautiful palaces for him consisting of rooms suited to different seasons and kept a number of maidens at his service to delight him with music and dance.

Once, Siddhārtha was playing with Devadatta, his cousin, in the backyard of the palace. Devadatta saw a pigeon on the branch of a tree and hit it with a stone. The bird was hurt and fell on the ground. Siddhārtha ran towards the bird and caressing it with love and treating the wounds saved its life. Devadatta claimed the bird as his as he had caused its fall. Siddhārtha disputed his claim and refused to hand it over to him as he had saved its life. In the meanwhile King Śuddhodana arrived on the scene. Upon hearing the dispute he ruled that the bird belonged to Siddhārtha as he was its saviour. Young Siddhārtha, full of compassion, treated the bird until it fully recovered and then set it free.

In course of time, Yaśodharā gave birth to a son who was named $R\bar{a}hula$. Siddhārtha spent many years in the pleasures of royal life with his wife and son. As fate would have it, one day the women of the palace took him to the beautiful groves near the city. The king gave orders to his deputies to keep the afflicted common folk away from the route of the procession. But Siddhārtha saw an aged person suffering the afflictions of old age. The charioteer Candaka explained to Siddhārtha about old age as the natural modification of the body that every one is subject to in time. Siddhārtha was moved by the agony of the old man and fears of the cruel hands of time entered his mind. He returned to the palace distressed at the phenomenon of ageing.

The king arranged another excursion to divert $Siddh\bar{a}rtha's$ mind to the pleasant. But this time he saw a person who was terribly sick. $Siddh\bar{a}rtha$ was told by Candaka about $vy\bar{a}dhis$, diseases, which were part of any living body.





I. Narrate the story depicted in the following illustration.

Siddh \bar{a} rtha was deeply affected by the sufferings of the sick person and frightened by the calamities that diseases could cause in his life. He could not proceed with the pleasure trip and returned to the palace.

At another time during his travels, he saw a dead body being carried to the crematorium. *Candaka* explained to *Siddhārtha* how death was the culmination of the changes that the human body undergoes and that every living being had to leave the world one day. Upon hearing this, *Siddhārtha* became restless and wanted to find out about the truth of human existence and a solution for human sufferings. He became dispassionate from his royal life and desired to devote himself to the enquiry of truth. He was blessed by a monk who instructed him on the life of a mendicant for gaining liberation.

Siddhārtha was in his twenty-fourth year. One night when everyone was asleep, he had one last look at his wife and son, and mentally taking leave of them, left the palace with Candaka. They rode to the banks of River Anoma where Siddhārtha removed his jewels and royal robes and gave them to Candaka. He instead wore the garb of a mendicant and shaved his head. Requesting Candaka to return to the kingdom, he proceeded to walk alone towards Rajagrha in Magadha.

Siddhārtha sat in meditation under a bodhi tree in a forest for a number of years. He realised that freedom cannot be gained by fasting or other disciplines, but by enlightening the mind with truth of existence. He pursued his enquiry further until he was totally satisfied with his understanding.

Buddha taught ahimsā, noninjury, as the basis of righteousness, and nirvāna, mokṣa, as the ultimate end of this life. King Bimbisāra became an ardent disciple of Lord Buddha. Buddha's father and his other family members also visited him and embraced his teachings. Lord Buddha taught for forty-five years and finally attained nirvāna in Kuśinagara.

II. Fill in the blanks with the words below to complete each sentence.

enlightenment	Śuddhodana	ascetic					
$Rar{a}hula$	forest	Y aśodhar $ar{a}$					
sheltered	saved	Śākya					
1. Siddhārtha wasr	the son of uler of Kapilavāstu.	the					
2. He led a	life and grew	up in luxury.					
3. Siddhārtha's wife	was	and his son was					
4. King Śuddhodana gave the bird to Siddhārtha as he hadthe bird's life.							
5. He saw an old n	nan, a sick man,	a corpse and an					
6. Siddhārtha left his p	palace and went to the	•					
7. He attained Bauddha Gaya.	under	a Bodhi tree in					

III. Circle the odd one out.

GROUP 1

- a) Siddhārtha
- b) Gautama
- c) Buddha
- d) Rāhula

GROUP 2

a) Yaśodhar \bar{a}

b) Rāhula

c) Gautama

d) Kapilavāstu

GROUP 3

a) sick man

b) corpse

c) ascetic

d) bride

GROUP 4

a) enlightenment

b) Bauddha Gaya

c) meditation

d) mango tree.

KALKYAVATĀRA

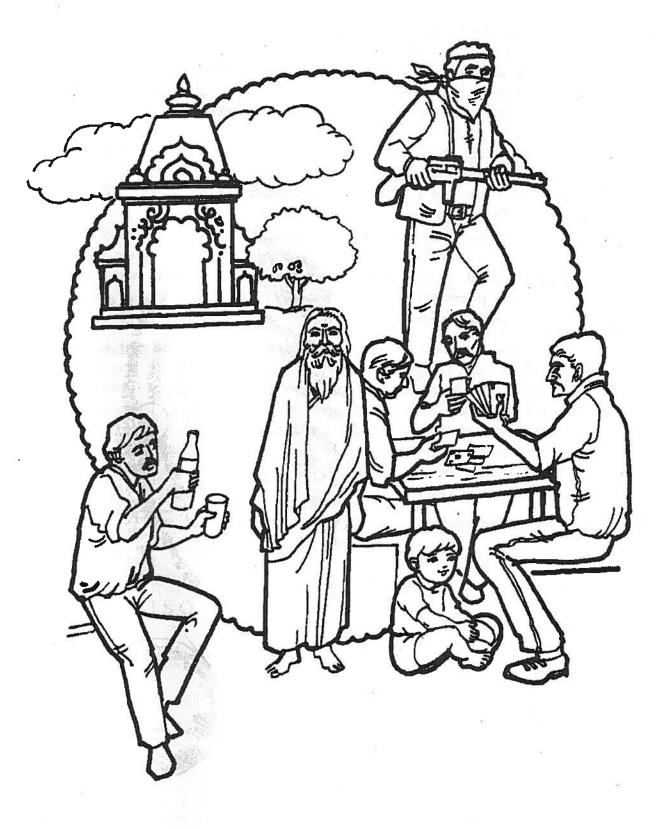
Kalkyavatāra is the final avatāra which is yet to take place. King Parīkşit, the son of Abhimanyu, was the first king at Hastināpura after the advent of Kali-yuga, an age in the cycle of time when adharma prevails. When King Parīkşit ruled the kingdom, he was disturbed by the growing influence of Kali in the minds of people. One day he saw a strange incident on the banks of River Sarasvatī. There was a dialogue between a bull who was limping on one leg and an emaciated cow who was in tears. They were both lamenting their fate. Suddenly a man arrived on the scene and attacked them with his stick. King Parīkşit intervened and stopped his inhuman behaviour. He listened to the stories of the bull and the cow and discovered that they were none other than Lord Dharma and Mother Earth respectively. The man revealed his identity as Kali and surrendered to the King. Parīkşit granted one place as an asylum for Kali, namely gold. Gold represented money and power devoid of wisdom. From that day onward, Kali started living with his companions such as greed, untruth, stealth and hypocrisy in places where wealth existed without wisdom. Such places were gambling, alcoholism, terrorism and so on. Living in these places Kali is said to breed adharma and destroy the life of a human being.

As Kali-yuga advances it is said that unrighteous people would rule the earth and there would be general decline in the universal values. Towards the end of Kali, people would lose śraddhā, faith, in the scriptures and the Lord and become irreligious. Artha, wealth and $k\bar{a}ma$, sense pleasures alone would occupy the minds of people. When adharma reaches its heights, the Lord would incarnate as Kalki, the son of Vișnuyaśas, a brahmin in the village of Śāmbhala. He would ride the celestial horse, Devadatta and hold a sword in his hand. He would create soldiers and arms at will and destroying the adharmic people would reestablish dharma on earth.

Thus a new cycle of time would begin starting with Satya-yuga.

I. Find Me

Identify the places on earth where Kali lives and colour them.



II. Help Me

Help Lord Kalki journey through the solar system to reach Mother Earth.



III. Unscramble the words.

1. YBIMANUAH

The father of King Pariksit was _____

2. SRPKITIA

The first ruler of Kaliyuga was _____

3. ŖṢAKŅ

King Parikșit was a devotee of _____

4. IKLA

lives where the Lord is forgotten.

5. REHSO

The Kalki-avatāra will come riding on a white _____

Avatāra Review

I. Number the avatāra in the correct sequence.

<u></u>	Kalki
	Vāmana
	Rāma
•••••	Matsya
	Varāha
	Kŗṣṇa
	Kūrma
	Paraśurāma
	Narasimha
	Buddha

۴.,

II. Match the words.

How did each $avat\bar{a}ra$ uphold dharma? Match the words in column A and column B.

COLUMN-B **COLUMN-A** Saved Mother Earth 1. Vāmana 2. Rāma Destroyed asura Hiranyakaśipu Lived a life of $\bar{a}nanda$ 3. Paraśurāma 4. Matsya Destroyed King Bali's arrogance Lived a life of dharma 5. Narasimha Will re-establish dharma on earth 6. Kūrma Offered the nectar of immortality 7. Varāha Lived a life of compassion 8. Kalki Destroyed the adharmic ksatriyas 9. Krsna 10. Buddha Destroyed the asura Hayagriva

III. Word Search

Look up, down, across and diagonally in the word game and find the *avatāras*. How many *avatāras*, incarnations of Lord Viṣṇu are there?

N	Α	М	H	S	K	A	L	Z	0	Ε	K	Ą
С	Ν	Α	B	Ι	В	G	V	Т	G	0	U	S
Ē	Α	Т	0	Т	D ·	Ā	D	Μ	S	Z	P	R
М	N	S	Р	Α	Μ	Α	Т	В	N	Α	С	U
I	Ş	Y.	С	Α	X	D	Ι	L	M	Р	Α	Μ
Q	Ŗ	Α	N	Α	С	D	A	Ā	G	Μ	P	Α
А	K	Α	L	K	I	В	R	Ā	Μ	Α	Α	G
Н	Μ	В	D	U	G	U	0	S	Η	R	Μ	С
Ā	Ι	L	Z	N	Ś	0	R	Μ	A	N	Ā	L
R	G	Μ	I	Α	N	Α	I	Η	D	Μ	S	0
Α	В	K	R	Н	Ν	S	L	Μ	E	D	A	Q
V	0	А	а В-	Α	Α	Α	R	В	L	0	L	Р
Ι	Р	I	V	R	D	L	K	Ū	R	M	· A	B
Т	A	v	A	В	Р	Α	Н	D	D	U	В	Ι
A	S	N	v	R	U	Μ	A	G	L	С	O	Q

Name the three forms of incarnations of Lord Viṣṇu which people generally worship at home and in temples.