

## Chaturthi (KPT-4 and SPT-4)

**Ganesha's** special day Chaturthi is the bimonthly observation on the fourth lunar day of both the brighter and darker fortnights of each month.

Chaturthi on the **Krishna Paksha (KP)**, the darker fortnight of the month corresponding to the waning moon, is called **chankada-kara-chaturthi**, meaning the one who removes all obstacles.

Scutch Grass/ **Aruku** grass is very special for **Pillaiyar**. Devotees observe fasting during the day and worship **Pillaiyar** with **arukam** grass.



He is offered coconuts, fruits, **modakam** (sweet mung dhal pie), **Pongal** (sweet rice), **sundal** (boiled chick peas) and many more. Of course, all these tasty food items are distributed as **Prasadam (sanctified food)** at the end of the Puja.

Among all Chaturthi days, the one on the brighter fortnight in the month of **AavaNi** (Mid- August to Mid-September) is very special festival for **Ganesha**. This is called **Ganesha Chaturthi** or **AavaNi Chaturthi**. This is celebrated as a grand festival in many places. In addition to scutch/ **aruku** grass, devotees worship **Ganesha** with Milkweed/ **Erukku** flower.



### **TRY IT YOURSELF**

- 1. TRY MAKING A MODEL OF PILLAIYAR OUT OF TUMERIC PASTE AND ARUKU GRASS.**
- 2. TRY TO WORSHIP PILLAIYAR BY KNOCKING ON THE FOREHEAD AND MAKING THOPPUKARANAM (SUPER BRAIN YOGA) BY YOURSELF**